

**Hello**  
my name is

Ingrid Black, MBA, CPHQ

**National Director of  
Clinical Quality**



**My Favorite Hobbies:**

Traveling, eating, volunteering,  
hiking/spending time outdoors,  
photography, pickleball



**Pre-Optum Life**

Physical Therapist,  
Performance  
Improvement, Continuous  
Improvement, Operations

**Birthplace:**  
Johannesburg, South  
Africa  
**Currently Live:**  
Boynton Beach, FL



**Fun Facts:**

**Family:** Husband (Marcel) and two stepchildren  
(Aidan and Esme)

We adopt senior dogs (Bella 12-ish and Marley 10-  
ish)

I have climbed one mountain, run one marathon  
and jumped out of one airplane

