

Optimal Care and CKD available on Ignite and the Central Library (fka Xyleme)



Relevant algorithm

- Screening and initial management of chronic kidney disease



Forum for Evidence-Based Medicine

2023 March

- Stopping RAS inhibitors in advanced chronic kidney disease does not help eGFR

2021 Jan

- Dapagliflozin demonstrated to have positive effects in patients with chronic kidney disease — but at a cost

2020 July

- Use of IV-iodinated contrast in CKD — New joint consensus statement from radiology and nephrology

2019 September

- **Optum** Primary Care Management of Chronic Kidney Disease



Specialty Module

Specialty modules home page (includes endocrinology): [OptimalCare: Evidence Driven, Better Outcomes, Lower Cost | OptumHealth Education](#)

[Optimal Care for Nephrology](#): 1-page summary of nephrology specialty module that includes content around CKD management.

Optum Health Education September 2022

Forum for Evidence-Based Medicine

Listen to Dr. Cohen's Forum for Evidence-Based Medicine podcast [here](#).

Earn up to 100 CNE/CME credit per issue.

Claiming credit	For more information, visit Learn More About Education .	Accreditation statement	In support of improving patient care, this activity has been approved and implemented by Optum Health Education and Optum Health Education. It is jointly accredited by the Accredited Council on Continuing Medical Education (ACCME), the Accreditation Council for Pharmacy Education (ACPE), and the American Nurses Credentialing Center (ANCC), to provide continuing education for the health care team.
Activity description	Practicing evidence-based medicine (EBM) is important in today's fast-paced environment. There are many ways to earn quality points, patient satisfaction, long-term and improved outcomes. A common recommendation of EBM is to use the 5P's process: patient, problem, practice, procedure, and provider. This newly recorded podcast is designed to address the needs of the patient, the provider, and the practice. These recordings will include health care professionals (HCPs) to get new EBM information.	Credit designation statements	Nurse This participant will be awarded up to 100 contact hours of credit for attendance and completion of supplemental materials. Physician The American Academy of Nurse Practitioners Certification Program (AANPCP) awards credit for participation in this activity. Pharmacist Optum Health Education designates this activity for a maximum of 100 ABA, PBA, Category 1 (CME)™. Physicians should claim only the credit commensurate with the scope of their participation in this activity.
Learning objectives	Examine the Choosing Wisely® program at 10 years and Optimal Care's program in addressing the issue. Discuss the cost effectiveness of IV-iodinated contrast in the clinical practice in adults with Type 2 diabetes mellitus. Apply pharmacological evidence in the management of acute and chronic kidney disease, hyperkalemia, and hypokalemia for cardiovascular and kidney health. Discuss medical management considerations for patients with kidney disease and hypertension, and appropriate patients with kidney and primary prevention and stroke risk.	American Board of Internal Medicine Completion of this participant's work with 100 contact hours of credit in the American Board of Internal Medicine (ABIM) Maintenance of Certification (MOC) program. Participants will earn MOC points equivalent to the amount of CME credit claimed for this activity. It is the CME activity provider's responsibility to submit participant completion information to ACCME for the purpose of granting ABIM MOC credit. Risk The American Academy of Physician Assistants (AAPA) accepts credit from organizations accredited by the ACCME. Attendance An effort of attendance will be provided to learners upon completion of activity requirements and participation in the program with learning goals or expectations. Participants will receive approval to attend. To qualify for credit, participants must attend the program in its entirety and use the procedure established by the specific PC organization or with which they wish to claim credit. Faculty This activity is approved by Optum Health Education and Optum. Commercial support No commercial support was received for this activity.	

2023 Grand Rounds Topics and Timing

- Unlocking patient-reported outcomes to advance quality, experience and decision-making
- Active surveillance and management of prostate cancer
- Patient engagement: Palliative Care in primary care
- Pillars of kidney and cardiovascular protective interventions in CKD
- Optimal use of pharmacotherapy and metabolic surgery in the management of DM2 and obesity
- Cancer screening overview of benefits and harms of over and under screening

Every other month starting January, specific dates TBD

Time: 6pm and 8pm Eastern

Registration links for live and on-demand:

<https://www.optumhealtheducation.com/optimal-care-grand-rounds>

Mailing list sign-up: <https://www.optumhealtheducation.com/optimal-care-grand-rounds-mailing-list>