

Wednesday, May 17

1:00 p.m. *Welcome and Opening Remarks*, Sarah Chart, RN, Vice President, Optum Health Education; Ivic Mueco, Managing Director, Optum Global Solutions – Philippines, Puerto Rico and Colombia

1:15 p.m. *Keynote Address*, Margaret Mary Wilson, MD, MBA, MRCP, Executive Vice President and Chief Medical Officer, UnitedHealth Group

2:00 p.m. *Pathways to Nurse Leadership: Seizing Opportunities for Growth*

The nursing profession offers multiple career growth opportunities and many pathways to leadership. Nursing leadership is an essential component of high-quality care: effective leaders influence nurse retention, help nursing staff navigate health care administration and develop expertise and can ultimately shape health care delivery practices and policies. A positive practice environment can facilitate transition to leadership when it maintains standards surrounding shared decision-making, safety, quality, well-being and opportunities for professional development. This presentation will describe how nurses can find opportunities to develop their competencies, grow in their position, improve collaboration, guide nursing practices and increase their sense of fulfillment. It will also examine the characteristics, qualities and strengths that are embodied by successful nurse leaders.

Objectives:

- Describe opportunities for career growth in the nursing field and how nursing leadership is vital to providing effective, high-quality care.
 - Discuss strategies for maintaining practice environment standards that positively influence nurses' professional development.
 - Identify qualities, skills, behaviors and strengths that are important for nurse leadership positions.
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3:00 p.m. Break

3:30 p.m. *The Intersection Between Technology and the Practice of Nursing*

The utilization of health technology has increased dramatically over the past few years, allowing health care providers to improve work efficiency. Nurses can effectively monitor patients' real-time health status remotely via applications and devices that allow patients to self-report health data or are staffed by remote nurse monitoring teams. These applications, such as continuous vital sign monitoring and remote exam devices, ensure continuity of care, convenience and efficiency. Familiarity with these modalities will improve nurses' ability to integrate these technologies into their health care practice. This presentation will provide an overview of current health technology modalities and best practices for integrating these modalities into nursing practice. It will also discuss the ability of these applications to enhance health care delivery, offer increased access to health care and ultimately improve patient outcomes.

Objectives:

- Identify the capabilities of current health technology modalities and how they can improve continuity of care, the health care team decision-making process and care plan implementation.
 - Discuss remote patient monitoring technologies and explore how remote monitoring teams engage with nurses and the care team.
 - Describe strategies to incorporate health technology into everyday health care practices.
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4:30 p.m. *Nurse Mental Health and Burnout: Why It Matters and How the Philippine Mental Health Law Can Help*

While the field of healthcare can be very fulfilling, mental illness and burnout among healthcare workers, and nurses in particular, has not received enough attention and support. This presentation will provide an overview of the state of mental health in the country as well as the salient features of the Philippine Mental Health Law. It will discuss the rationale behind the passage of the law and the rights and resources nurses have and are entitled to under this legislation. Occurring almost five years after its passage, this session will also discuss some lessons drawn from the law's implementation and how stakeholders can maximize the benefits it provides nurses, health workers and Filipinos in general. A short Q&A session may follow at the end of the session.

Objectives:

- Provide an overview of the mental health situation in the Philippines
- Discuss the salient features of the Philippine Mental Health Law
- Share lessons on how healthcare workers, and nurses in particular, can maximize the benefits provided by the Philippine Mental Health Law

5:30 p.m. Adjourn

Thursday, May 18

1:00 p.m. *Welcome and Opening Remarks*, Sarah Chart, RN, Vice President, Optum Health Education

1:15 p.m. *Addressing the Global Nursing Shortage*

According to the World Health Organization, there is a global shortage of health care workers; of these, more than 50% are nurses and midwives. The International Council of Nurses reports a shortage of up to 13 million nurses worldwide, and many nurses express that heavy workloads, burnout, stress and insufficient resources lead them to leave their positions. Experts believe that this problem must be addressed at national, regional and global levels through innovative efforts to improve health care workforce development and planning to ensure sustainable health systems. This discussion will provide participants with an overview of the global nursing shortage and insight on how this shortage can be overcome through approaches to improve training programs, increase access and diversity, address the need for more nurse educators and decrease turnover rates. A panel of experts will discuss the issues surrounding the nursing shortage following the initial presentation.

Objectives:

- Identify the current state of the global nursing/healthcare workforce shortage and its impact on health care systems and delivery in the Philippines and elsewhere
- Cite the multilevel factors that have contributed to the nursing shortage
- Discuss experts' insights into policies and solutions that could prevent further workforce losses and improve nursing enrollment and retention

2:15 p.m. *Global Health Workforce Shortage: Panel Discussion with Q&A*, Dr. Kenneth Hartigan-Go, Senior Research Fellow, Ateneo Policy Center, School of Government and Adjunct Faculty, Asian Institute of Management (Moderator)

3:45 p.m. Break

4:15 p.m. *Strengthening the Global Nurse Population: Retention, Support and Career Pathways – Where Do We Begin?*, Dr. Jeremy Lim, Director, Leadership Institute for Global Health Transformation, Saw Swee Hock School of Public Health, National University of Singapore

The current landscape of nursing is changing and nursing leaders face many challenges, including navigating the global nursing shortage, integrating health care technology, protecting mental health and preventing burnout. The pathways to a nursing career have become increasingly varied, and global hiring patterns continue to change. How can nursing leaders best address these global health care challenges? This discussion will highlight global nursing strategies and avenues for international collaboration that can support nurse education and training. It will provide a safe forum for participants to network and begin discussions around the identified issues regarding training, retention, mental health support, health technology integration and the role of nurse leaders.

Objectives:

- Discuss the identified concerns and priorities of nursing leaders regarding the current state of training practices, health care environments, hiring patterns, retention and support and other topics.
- Describe nursing leaders' recommendations for strategies and approaches to enhance interprofessional collaboration aimed at improving the current state of nursing.
- Identify key issues that nurse leaders can continue to discuss within their own health care teams and with policy stakeholders and other leaders.

5:30 p.m. Closing Remarks

6:00 p.m. Adjourn