

# Optimal Care and cardiac imaging



## Relevant algorithms available on Ignite/Xyleme

- Chest pain with known coronary artery disease
- Chest pain with no known coronary artery disease



## Cardiovascular Clinician and Patient Handouts

[Measure briefing – clean cath rate](#): summarizing this optimal care measure and role of CCTA/FFR

[Measure briefing – Nuclear stress tests](#): summarizing this optimal care measure and role of CCTA/FFR

[Optimal Care for Cardiology](#): summary of cardiology specialty module



## [Specialty modules](#) – **Select Cardiology**

Explore the role of evidence-based guidelines as it applies to management of cardiac conditions, including imaging.

Patient-facing:

[Stable chest pain](#) (also available in Spanish)

[Cardiac stress testing](#) (also available in Spanish)

A graphic titled 'Optimal Care' with a circular orange and red border. It lists three benefits: Evidence driven, Better outcomes, and Lower cost. The graphic is part of a presentation slide for Cardiology, presented by Ken Cohen, MD, FACP in January 2021. The slide also features the OptumHealth Education logo and a copyright notice for 2022 Optum, Inc.

Cardiology  
Ken Cohen, MD, FACP  
January 2021

**Optimal Care**  
✓ Evidence driven  
✓ Better outcomes  
✓ Lower cost

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Education

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# Forum for Evidence-Based Medicine

May/June 2022

Low value care in cardiology

Evidence to help risk-stratify those with high low-density lipoproteins (LDL)

Nov/Dec 2020

Preoperative cardiac evaluation and management

Mar/Apr 2020

New trends in the management of coronary artery disease including the use of coronary artery CTA with fractional flow reserve

Optum Health Education™ September 2022

## Forum for Evidence-Based Medicine

Listen to Dr. Cohen's Forum for Evidence-Based Medicine podcast [here](#).

Earn up to 1.00 CNE/CME credit per issue.

<b>Claiming credit</b>	For more information, visit <a href="http://optumhealtheducation.com/ebm-forum">optumhealtheducation.com/ebm-forum</a> .	<b>Accreditation statement</b>	In support of improving patient care, this activity has been planned and implemented by Optum Health Education and Optum. Optum Health Education is jointly accredited by the Accreditation Council for Continuing Medical Education (ACCME), the Accreditation Council for Pharmacy Education (ACPE) and the American Nurse Credentialing Center (ANCC), to provide continuing education for the health care team.
<b>Activity description</b>	Practicing evidence-based medicine (EBM) is important in today's health care environment because this model of care offers clinicians a way to enrich quality, provide patient satisfaction, reduce costs and improve outcomes. A common implementation of EBM involves the use of clinical practice algorithms during medical decision-making to encourage optimal care. This widely recognized practice is designed to address the persistent problem of clinical practice variation with the help of actionable information at the point of care. These e-newsletters will enable health care professionals (HCPs) to put new EBM into practice.	<b>Credit designation statements</b>	<b>Nurses</b> The participant will be awarded up to 1.00 contact hour(s) of credit for attendance and completion of supplemental materials. <b>Nurse practitioners</b> The American Academy of Nurse Practitioners Certification Program (AANPCP) accepts credit from organizations accredited by the ACCME and ANCC. <b>Physicians</b> Optum Health Education designates this enduring activity for a maximum of 1.00 AMA PRA Category 1 Credit(s)™. Physicians should claim only the credit commensurate with the extent of their participation in the activity. <b>American Board of Internal Medicine</b> Successful completion of the CME activity, which includes participation in the evaluation component, enables the participant to earn up to 1.0 Medical Knowledge MOC points in the American Board of Internal Medicine's (ABIM) Maintenance of Certification (MOC) program. Participants will earn MOC points equivalent to the amount of CME credits claimed for the activity. It is the CME activity provider's responsibility to submit participant completion information to ACCME for the purpose of granting ABIM MOC credit. <b>Please note, by claiming ABIM points, you authorize Optum Health Education to share your attendance information with the ABIM.</b> <b>PAs</b> The American Academy of Physician Assistants (AAPA) accepts credit from organizations accredited by the ACCME. <b>Attendance</b> A certificate of attendance will be provided to learners upon completion of activity requirements, enabling participants to register with licensing boards or associations that have not been pre-approved for credits. To apply for credit types not listed above, participants should use the procedure established by the specific organization with which they wish to obtain credit. <b>Provide by</b> This activity is provided by Optum Health Education and Optum. <b>Commercial support</b> No commercial support was received for this activity.
<b>Learning objectives</b>	<ul style="list-style-type: none"> <li>Examine the Choosing Wisely® program at 10 years and Optimal Care's progress in eliminating low value care.</li> <li>Evaluate the cost effectiveness of SGLT-2 inhibitors as first-line pharmacotherapy in adults with Type 2 diabetes mellitus.</li> <li>Apply pharmacological evidence regarding gabapentin and overdose deaths, hyaluronic acid for osteoarthritis, and recognize when the use of PCSK9 inhibitors or ezetimibe of value.</li> <li>Discuss medical management concerning adjuvant chemotherapy, and asymptomatic patients with severe carotid artery stenosis and stroke rate.</li> </ul>		

# 2023 Grand Rounds Topic and Timing – increasing to bi-monthly

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**Next Topic:** Patient-Clinician partnership: Evidence supporting shared decision-making and patient-reported outcomes

**Date:** January 25, 2023

**Time:** 6pm and 8pm Eastern

**Registration link:** pending