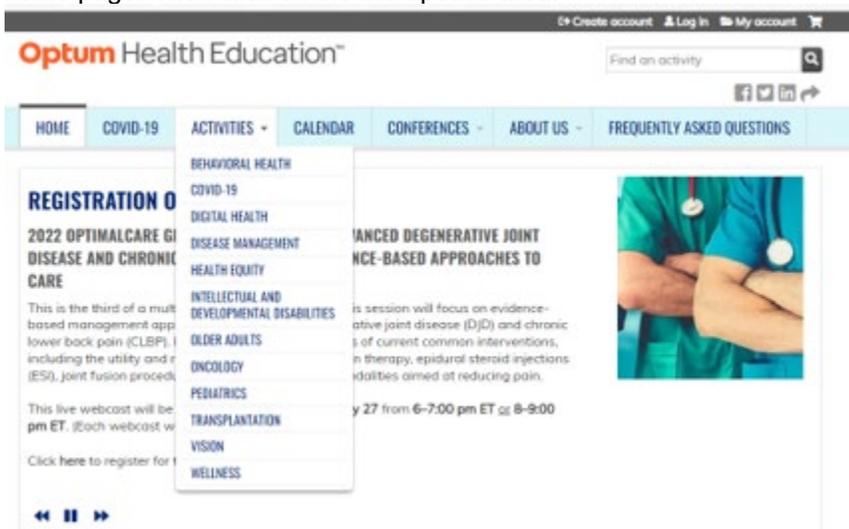
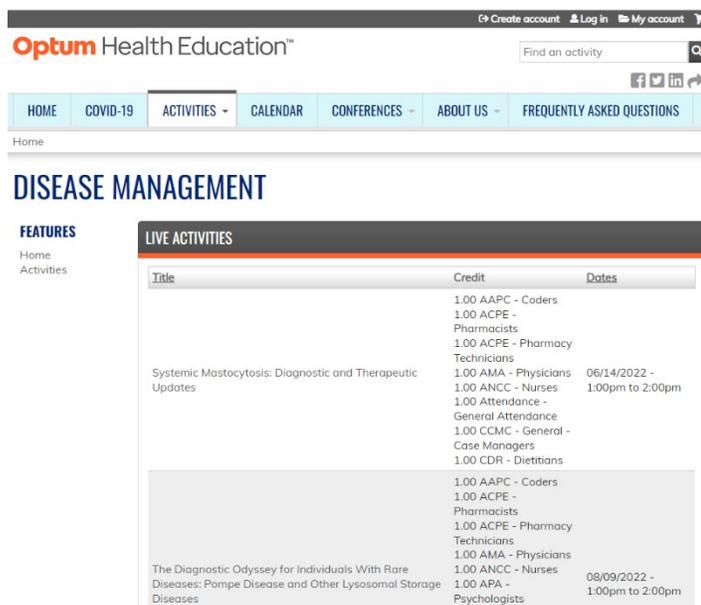


# Viewing an On-Demand Webcast

1. Go to <https://www.optumhealtheducation.com>
  - a. If you **Do Not** have an account, click **Create account** (upper, right side) and enter your information.
  - b. If you **Do** have an account, click **Log in** (upper, right side) and enter your log-in information.
2. Once logged in, there are several ways to choose an activity to view.
  - a. Search for education on a specific therapeutic area — such as behavioral health, disease management or palliative care and hospice — by hovering over the Activities tab at the top of the home page. Then click on the therapeutic area.



*Example below:* Disease Management was selected. A list of disease management topics is now available from which to select.



# Viewing an On-Demand Webcast

- b. Search by credit type, category and/or topic by clicking on the Activities tab and checking the applicable box(es) under the 'Refine by' section on the left and/or typing the topic in the Search field.

HOME COVID-19 **ACTIVITIES** CALENDAR CONFERENCES ABOUT US FREQUENTLY ASKED QUESTIONS

Home

## ACTIVITIES

Refine by:

**CREDIT TYPES**

- AAFP - Family Physicians (3)
- AAPC - Coders (3)
- ACPE - Pharmacists (121)
- ACPE - Pharmacy Technicians (121)
- AMA - Physicians (141)
- ANCC - Nurses (141)
- APA - Psychologists (125)
- ASWB - Social Workers (124)
- Attendance - General Attendance (142)
- CCMC - General - Case Managers (95)
- CDR - Dietitians (35)
- COPE - Ophthalmologists/Optometrists (5)
- NAB - Nursing Home Administrators (4)

**CATEGORY**

- Disease Management (88)
- Transplantation (36)
- Behavioral health (28)
- Health Equity (19)
- Wellness (19)
- Managed care (12)
- Oncology (10)
- Pediatrics (9)
- Covid-19 (7)
- Older Adults (7)
- Digital Health (3)
- Intellectual and developmental disabilities (1)
- Palliative care and hospice (1)

**FORMAT**

- Webcasts (125)
- Online Education (8)
- Podcasts (5)

Find an activity

**SEARCH**

**SORT BY**  
Relevance

**Caring for Children in Foster Care: Navigating Support Systems**  
Activity descriptionThe goal of the foster care system is to promote the well-being of children and adolescents by providing for their health, safety, stability and permanency.

Category Pediatrics Format Webcasts Credits ACPE - Pha...

**Caring for Children in Foster Care: Psychotropic Medication Overuse**  
Activity descriptionThe goal of the foster care system is to promote the well-being of children and adolescents by providing for their health, safety, stability and permanency.

Category Pediatrics Format Webcasts Credits ACPE - Pha...

**Caring for Children in Foster Care: Managing Care Transitions and Placements**  
Activity descriptionThe goal of the foster care system is to promote the well-being of children and adolescents by providing for their health, safety, stability and permanency.

Category Behavioral... Format Webcasts Credits ACPE - Pha...

**Global Is Local! How Does Global Health Impact Us?**  
Activity descriptionThe world is facing multiple health challenges.

Category Disease Ma... Format Webcasts Credits ACPE - Pha...

**Example:** The selection was refined to find a topic on Diabetes that offers CCMC credit. The results are a list of activities that meets the search criteria.

## ACTIVITIES

Search found 7 items  
Diabetes (-) Remove CCMC - General - Case Managers filter  
CCMC - General - Case Managers

Diabetes

**SEARCH**

**SORT BY**  
Relevance

**CREDIT TYPES**

- CCMC - General - Case Managers
- ACPE - Pharmacists (7)
- ACPE - Pharmacy Technicians (7)

**Type 2 Diabetes: What's New?**  
This activity consists of recorded presentations from the "30th Annual National Conference" held virtually Sept. 29-30, 2021.

Category Disease Management Format Webcasts Credits ACPE - Pha...

# Viewing an On-Demand Webcast

- Once you find the activity you would like to take, click on the activity title to get started.
- Click on the Register tab of the activity.

HOME COVID-19 ACTIVITIES CALENDAR CONFERENCES ABOUT US FREQUENTLY ASKED QUESTIONS

Home » Type 2 Diabetes: What's New?

## TYPE 2 DIABETES: WHAT'S NEW?

OVERVIEW PROGRAM/FACULTY ACCREDITATION **REGISTER**

**ACTIVITY DESCRIPTION**  
 This activity consists of recorded presentations from the "30th Annual National Conference" held virtually Sept. 29–30, 2021.

Controlling blood sugar levels, optimizing medication regimens, and reducing risks for cardiovascular and microvascular complications continue to present challenges in the care of individuals with type 2 diabetes. This session will provide an overview of the latest innovations in technology, new drugs and therapies, revised treatment regimens, monitoring strategies, and new research. It will review preventive and risk-reducing strategies, approaches to monitoring, the long-term sequelae, and interventions to improve outcomes.

**Provided by**  
 This activity is provided by OptumHealth Education.

**Commercial support**  
 There was no commercial support for this activity.

**Required hardware/software**  
 Please ensure you are using the web-browser Chrome and disable any pop-up blocking software. Click [here](#) for information on how to enable pop-ups.

**TARGET AUDIENCE**  
 This activity is designed to meet the educational needs of case managers, nurses, pharmacists, pharmacy technicians, physicians, psychologists, social workers and other health care professionals who are interested in the management of diabetes.

**ACTIVITY SUMMARY**

Available credit:  
 1.00 ACPE - Pharmacists  
 1.00 ACPE - Pharmacy Technicians  
 1.00 AMA - Physicians  
 1.00 ANCC - Nurses  
 1.00 APA - Psychologists  
 1.00 Attendance - General Attendance  
 1.00 CCMC - General - Case Managers  
 1.00 CDR - Dietitians  
 1.00 ASWB - Social Workers

Activity opens: 12/13/2021  
 Activity expires: 12/13/2023

**CONTINUE ▶**

Rating: ★★★★★

Bookmark activity

- Click Continue.

Home » Type 2 Diabetes: What's New?

## TYPE 2 DIABETES: WHAT'S NEW?

OVERVIEW PROGRAM/FACULTY ACCREDITATION REGISTER

**CONTINUE ▶**

*Prior to beginning this activity, please ensure you are using the web-browser Chrome and disable any pop-up blocking software. Click [here](#) for information on how to enable pop-ups.*

You must be logged into your account to participate in this activity. Get started by clicking "Continue" and taking the "Pre-Activity Assessment"; then follow the prompts at the bottom of the screen. At the end of the activity, you will be able to view, save or print your certificate of participation. A complete listing of all of your activities can be found under "My Account", "My Activities."

## Viewing an On-Demand Webcast

- Your enrollment is confirmed and you are now ready to take the on-demand activity by completing the steps listed in the Activity Progress box. At the end of the activity, you will be able to view, save, and/or print your certificate of participation.

Let's get started! Click the down arrow next to Pre-Activity Assessment.

Optum Health Education™

Find an activity

HOME COVID-19 ACTIVITIES CALENDAR CONFERENCES ABOUT US FREQUENTLY ASKED QUESTIONS

Home » Type 2 Diabetes: What's New?

← RETURN TO ACTIVITY

**ACTIVITY PROGRESS**

- PRE-ACTIVITY ASSESSMENT
- TYPE 2 DIABETES: WHAT'S NEW?
- POST-ACTIVITY ASSESSMENT
- EVALUATION
- CREDIT
- CERTIFICATE

Confirmation: Type 2 Diabetes: What's New?

Your enrollment in this activity has been recorded.

**COURSE HOME**

**ACTIVITY INSTRUCTIONS:**  
 Prior to beginning this activity, please ensure you are using the web-browser Chrome and disable any pop-up blocking software. Click [here](#) for information on how to enable pop-ups.

Get started by clicking the down arrow under "Pre-Activity Assessment", complete the quiz; then follow the prompts at the bottom of the screen. At the end of the activity, you will be able to view, save or print your certificate of participation. A complete listing of all of your activities can be found under "My Account", "My Activities."

ACTIVITY NAVIGATION

Continue ▶

- Click Start.

Optum Health Education™

Find an activity

HOME COVID-19 ACTIVITIES CALENDAR CONFERENCES ABOUT US FREQUENTLY ASKED QUESTIONS

Home » Type 2 Diabetes: What's New?

← RETURN TO ACTIVITY

**ACTIVITY PROGRESS**

- PRE-ACTIVITY ASSESSMENT
- TYPE 2 DIABETES: WHAT'S NEW?
- POST-ACTIVITY ASSESSMENT
- EVALUATION
- CREDIT
- CERTIFICATE

Confirmation: Type 2 Diabetes: What's New?

Your enrollment in this activity has been recorded.

**COURSE HOME**

**ACTIVITY INSTRUCTIONS:**  
 Prior to beginning this activity, please ensure you are using the web-browser Chrome and disable any pop-up blocking software. Click [here](#) for information on how to enable pop-ups.

Get started by clicking the down arrow under "Pre-Activity Assessment", complete the quiz; then follow the prompts at the bottom of the screen. At the end of the activity, you will be able to view, save or print your certificate of participation. A complete listing of all of your activities can be found under "My Account", "My Activities."

ACTIVITY NAVIGATION

Continue ▶

# Viewing an On-Demand Webcast

8. Complete the Pre-activity assessment (Pretest) questions.

**TYPE 2 DIABETES: WHAT'S NEW?**

## PRE-ACTIVITY ASSESSMENT

← RETURN TO ACTIVITY

VIEW MY RESULTS TAKE

**ACTIVITY PROGRESS**

- PRE-ACTIVITY ASSESSMENT RESUME
- TYPE 2 DIABETES: WHAT'S NEW?
- POST-ACTIVITY ASSESSMENT
- EVALUATION
- CREDIT
- CERTIFICATE

**PRE-ACTIVITY ASSESSMENT**

Page 1 of 1

### QUESTION 1

Disease-modifying classes of type 2 diabetes medications include:

**CHOOSE ONE**

- SGLT2 inhibitors
- GLP-1 receptor agonists
- Both of the above

9. When done, click Finish.

### QUESTION 5

Continuous glucose monitor (CGM):

**CHOOSE ONE**

- Has a tiny sensor that is placed below the surface of the skin to measure the amount of glucose in the fluid between cells every few minutes and transmit the data wirelessly to a device or your smartphone.
- Is a diabetes app that can track your blood sugar levels and show trends; monitor your diet and suggest recipes; log your exercise; and provide support from other people with diabetes.
- Can be worn up to one year without changing the sensor, for people with type 1 or 2 diabetes.

**FINISH**

10. Click OK to this pop-up message.

**www.optumhealtheducation.com says**

By proceeding you won't be able to go back and edit your answers.

**OK** Cancel

11. Review your responses and click Finish.

- Can be worn up to one year without changing the sensor, for people with type 1 or 2 diabetes.

**FINISH**

# Viewing an On-Demand Webcast

12. Click Next.

**QUESTION RESULTS** Download PDF

**QUESTION 1**  
Disease-modifying classes of type 2 diabetes medications include:

Your answer	Choice
	SGLT2 inhibitors
	GLP-1 receptor agonists
	Both of the above

**QUESTION 2**  
SGLT2 inhibitors are a novel class of antidiabetic medication that lowers plasma glucose level without hypoglycemia by increasing urinary glucose excretion.

Your answer	Choice
	True
	False

**QUESTION 3**  
Large-scale cardiovascular outcomes trials of SGLT2 inhibitors in patients with type 2 diabetes has suggested that these agents may help to improve heart failure.

Your answer	Choice
	True
	False

**QUESTION 4**  
GLP-1 Receptor Agonists:

Your answer	Choice
	Enhances glucose-dependent insulin secretion and glucagon suppression
	Slows gastric emptying
	Induces satiety and reduces food intake
	All of the above

**ACTIVITY NAVIGATION** Next ▶

13. The pre-activity requirements are now complete. You are ready to view the webcast.

**Step 1:** Click on “Click here” to view the presentation handout, if available.

## TYPE 2 DIABETES: WHAT'S NEW?

# TYPE 2 DIABETES: WHAT'S NEW?

← RETURN TO ACTIVITY

**ACTIVITY PROGRESS**

- PRE-ACTIVITY ASSESSMENT
- TYPE 2 DIABETES: WHAT'S NEW?** REVIEW
- POST-ACTIVITY ASSESSMENT
- EVALUATION
- CREDIT
- CERTIFICATE

**TYPE 2 DIABETES: WHAT'S NEW?**

- Click here to view the activity video.
- Click here to view the presentation handouts.**

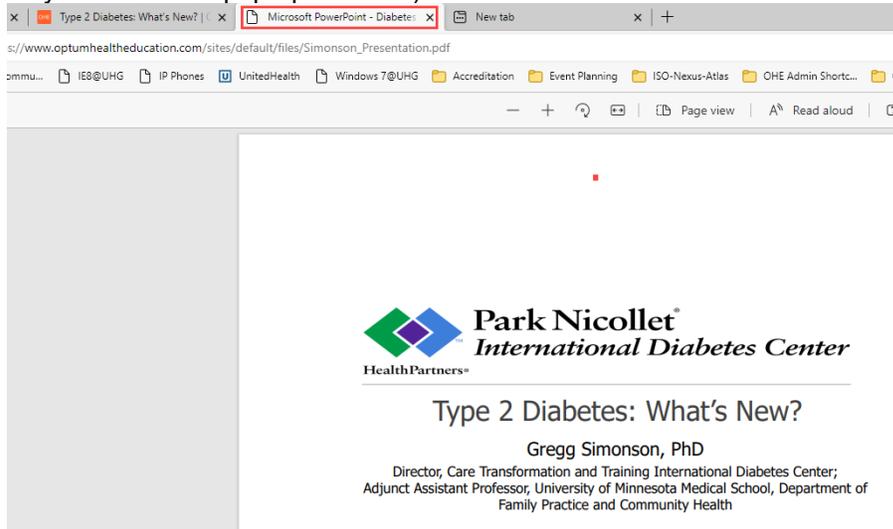
Depending on your browser settings, the video will open in a new window or tab. Be sure to disable any pop-up blocking software prior to beginning this activity.

Please note, if you are accessing this activity from a UHG/Optum computer using Internet Explorer and have difficulty, please use Chrome and/or Firefox.

**ACTIVITY NAVIGATION** ◀ Previous Next ▶

# Viewing an On-Demand Webcast

The PDF document should open in a new window for you to view, print or download (be sure to turn off your browser's pop-up blockers).



**Step 2:** To return to the activity to view the activity video by clicking on the Activity tab. In this example, "Type 2 Diabetes: What's New?"



**Step 3 :** Click on "Click here" to view the activity video.

**Step 4:** View the webcast. It should open in a new window (be sure to turn off your browser's pop-up blockers). Click on the play icon if it doesn't automatically start.

**Step 5:** Once you have viewed the entire webcast, return to the activity window (refer to Step 2 above) and click Next.

## TYPE 2 DIABETES: WHAT'S NEW?

### TYPE 2 DIABETES: WHAT'S NEW?

## Viewing an On-Demand Webcast

14. Complete the Post-Activity Assessment (post-test) questions and click Finish.

### TYPE 2 DIABETES: WHAT'S NEW?

## POST-ACTIVITY ASSESSMENT

← RETURN TO ACTIVITY

VIEW MY RESULTS TAKE

**ACTIVITY PROGRESS**

- PRE-ACTIVITY ASSESSMENT
- TYPE 2 DIABETES- WHAT'S NEW?
- **POST-ACTIVITY ASSESSMENT** REVIEW
- EVALUATION
- CREDIT
- CERTIFICATE

**POST-ACTIVITY ASSESSMENT**

Page 1 of 1

**QUESTION 1**

Disease-modifying classes of type 2 diabetes medications include:

**CHOOSE ONE**

- SGLT2 inhibitors
- GLP-1 receptor agonists
- Both of the above

**QUESTION 5**

Continuous glucose monitor (CGM):

**CHOOSE ONE**

- Has a tiny sensor that is placed below the surface of the skin to measure the amount of glucose in the fluid between cells every few minutes and transmit the data wirelessly to a device or your smartphone.
- Is a diabetes app that can track your blood sugar levels and show trends; monitor your diet and suggest recipes; log your exercise; and provide support from other people with diabetes.
- Can be worn up to one year without changing the sensor, for people with type 1 or 2 diabetes.

**FINISH**

15. Click OK to this pop-up message.

**www.optumhealtheducation.com says**

By proceeding you won't be able to go back and edit your answers.

**OK** Cancel

16. Review your responses to the questions and click Finish.

**FINISH**

# Viewing an On-Demand Webcast

17. Review your Question Results and click Next.

**TYPE 2 DIABETES: WHAT'S NEW?**  
**POST-ACTIVITY ASSESSMENT**

← RETURN TO ACTIVITY

VIEW MY RESULTS TAKE

**ACTIVITY PROGRESS**

- PRE-ACTIVITY ASSESSMENT
- TYPE 2 DIABETES: WHAT'S NEW?
- **POST-ACTIVITY ASSESSMENT** REVIEW
- EVALUATION
- CREDIT
- CERTIFICATE

**POST-ACTIVITY ASSESSMENT**

**QUESTION RESULTS**

You got 4 of 5 possible points.  
Your score: 80%

**QUESTION 1**

Disease-modifying classes of type 2 diabetes medications include:

Your answer	Choice	Correct?	Score	Correct answer
	SGLT2 inhibitors			
	GLP-1 receptor agonists			
	Both of the above			

Score: 0 of 1

**QUESTION 2**

SGLT2 inhibitors are a novel class of antidiabetic medication that lowers plasma glucose level without hypoglycemia by increasing urinary glucose excretion.

Your answer	Choice	Correct?	Score	Correct answer
	True			
	False			

Score: 1 of 1

**ACTIVITY NAVIGATION**

◀ Previous Next ▶

**You may rewatch the webcast and retake the Post-Activity Assessment multiple times. There are no limits.**

18. Complete the Evaluation and click Submit.  
*Questions marked with an \* must be completed.*

Home » Type 2 Diabetes: What's New?

**TYPE 2 DIABETES: WHAT'S NEW?**  
**EVALUATION**

← RETURN TO ACTIVITY

**ACTIVITY PROGRESS**

- PRE-ACTIVITY ASSESSMENT
- TYPE 2 DIABETES: WHAT'S NEW?
- POST-ACTIVITY ASSESSMENT
- **EVALUATION** REVIEW
- CREDIT
- CERTIFICATE

**EVALUATION**

Please help to improve the course for future participants by providing us with anonymous feedback. You will be directed to select your certificate on completion.

Indicate if the following Learning Objectives for this activity were met. \*

	Met	Not Met
Review the updated guideline recommendations for the pharmacologic management of diabetes.	<input type="radio"/>	<input type="radio"/>
Discuss the most recent evidence-based guidelines for monitoring, prevention and risk reduction in the management of diabetes.	<input type="radio"/>	<input type="radio"/>
Describe current best practices for preventing and managing long-term sequelae of diabetes.	<input type="radio"/>	<input type="radio"/>
Identify the value of interprofessional collaboration in providing high-quality care and improved outcomes for patients with diabetes and associated comorbid conditions.	<input type="radio"/>	<input type="radio"/>

**THANK YOU FOR TAKING THE TIME TO COMPLETE THIS EVALUATION.**

**SUBMIT**

# Viewing an On-Demand Webcast

19. Click Next.

## TYPE 2 DIABETES: WHAT'S NEW? EVALUATION

The Post-Activity Materials are now complete.

20. Claim Credit: Select the type(s) of credit you will claim. Enter the # of credits for each. Be sure to correctly enter the credits you are claiming in quarter-hour increments. Click Submit.

## TYPE 2 DIABETES: WHAT'S NEW? CREDIT

# Viewing an On-Demand Webcast

21. Click Next. You can then download your certificate(s) to view, print and/or save.

## TYPE 2 DIABETES: WHAT'S NEW?

### CREDIT

← RETURN TO ACTIVITY

**ACTIVITY PROGRESS**

- PRE-ACTIVITY ASSESSMENT
- TYPE 2 DIABETES: WHAT'S NEW?
- POST-ACTIVITY ASSESSMENT
- EVALUATION
- CREDIT**
- CERTIFICATE
- COMPLETE

**CREDIT**

- You were awarded 1.00 ANCC - Nurses credit.
- You were awarded 1.00 CCMC - General - Case Managers credit.

**ACTIVITY NAVIGATION**

Previous Next

## TYPE 2 DIABETES: WHAT'S NEW?

### CERTIFICATE

← RETURN TO ACTIVITY

**ACTIVITY PROGRESS**

- PRE-ACTIVITY ASSESSMENT
- TYPE 2 DIABETES: WHAT'S NEW?
- POST-ACTIVITY ASSESSMENT
- EVALUATION
- CREDIT
- CERTIFICATE**
- COMPLETE

**CERTIFICATE**

Download certificate

**ACTIVITY NAVIGATION**

Previous Review

VIEW CERTIFICATE

You are eligible for multiple certificates.

ANCC - Nurses	Download
CCMC - General - Case Managers	Download

**Congratulations, you have successfully completed the on-demand activity!**  
If you have any questions about your participation in this activity,  
email Optum Health Education at [moreinfo@optumhealtheducation.com](mailto:moreinfo@optumhealtheducation.com).

To take another on-demand activity, go to [www.optumhealtheducation.com](http://www.optumhealtheducation.com).