



# Learning Circle Discussion Guide

## Ecomap

### Directions

In your self-defined Learning Circle, a peer facilitator leads a discussion and/or role-play leveraging the talking points below to process the training content from the most recent learning event. Please reflect on all learning topics to date as you discuss today's content including personal life experiences and how these topics might be woven into your day to day work and ultimately impact those individuals you serve.

### Discussion Questions

1. Based on what you learned in this session, how do you see Ecomaps impacting your work?
2. How would you navigate a conversation about an individual with little to no positive elements in their Ecomap?
3. Ecomaps illustrate the forces (positive and negative) that influence or impact an individual. Reflect on the case shared today and imagine the physical sensation of the positive and negative forces from that case. Talk with the group about that experience.
4. If time permits and volunteers are willing, engage in a role-play where you practice the Ecomap. Focus on:
  - a. Initiating the conversation and beginning the activity
  - b. Wrapping up the activity with summarization of a very complicated Ecomap