

Optimal Care and Palliative Care available on Ignite and the Central Library (fka Xyleme)



Relevant algorithm

- Early palliative care referral



Clinician and Patient Handouts

[Optimal Care for Cardiology](#): summary of cardiology specialty module that includes mention of the importance of shared decision-making and consideration of palliative care in the frail elderly prior to scheduling for transcatheter aortic valve replacement (TAVR).

Patient-facing:

Patient and Family Guide – palliative care for caregivers (also available in Spanish)

Patient and Family Guide – advance directives (also available in Spanish)





Forum for Evidence-Based Medicine

January 2023 issue - Cancer treatment in the last month of life

Optum Health Education™September 2022

Forum for Evidence-Based Medicine

 Listen to Dr. Cohen's Forum for Evidence-Based Medicine podcast [here](#).

 Earn up to 100 CNE/CME credit per issue.

Claiming credit

For more information, visit [optum.com/education/cme/claim-credit](#)

Activity description

Practicing evidence-based medicine (EBM) is important in today's fast-paced environment because it helps to ensure that patients receive the best possible care. This module provides a framework for EBM, including how to search for and evaluate evidence, and how to apply it to patient care. The module also includes a checklist for EBM, which can be used to guide the clinician's decision-making process.

Learning objectives

- Examine the Choosing Wisely® program at 10 years and Optum's progress in addressing the issue.
- Evaluate the cost effectiveness of 100,000+ medical tests and procedures.
- Apply pharmacological evidence to patient care, including the use of PPIs in patients with acid reflux and the use of PPIs in patients with acid reflux.
- Discuss medical management considerations, including the use of PPIs in patients with acid reflux and the use of PPIs in patients with acid reflux.

Accreditation statement

In support of improving patient care, this activity has been approved and is accredited by Optum Health Education and Optum Health Education. This activity is approved by the Accreditation Council for Continuing Medical Education (ACCME) for the American Board of Internal Medicine (ABIM) and the American Board of Family Medicine (ABFM). Optum Health Education is approved by the American Board of Medical Specialties (ABMS) for the American Board of Internal Medicine (ABIM) and the American Board of Family Medicine (ABFM). Optum Health Education is approved by the American Board of Medical Specialties (ABMS) for the American Board of Internal Medicine (ABIM) and the American Board of Family Medicine (ABFM).

Credit designation statements

Nurses
This participant will be awarded up to 100 contact hours of credit for attendance and completion of supplemental materials.

Physicians
The American Academy of Nurse Practitioners Certification Program (AANPCP) accepts credit from organizations accredited by the ACCME and ABIM.

Physicians
Optum Health Education designates this continuing activity for a maximum of 100 ABIM, ABIM Category 1 (CME)™ Physician credit. Physicians should claim only the credit commensurate with the extent of their participation in the activity.

American Board of Internal Medicine

Optum Health Education is proud to be a part of the American Board of Internal Medicine (ABIM) Maintenance of Certification (MOC) program. This program is designed to help physicians maintain their certification and stay up-to-date on the latest medical knowledge. Optum Health Education is proud to be a part of the American Board of Internal Medicine (ABIM) Maintenance of Certification (MOC) program. This program is designed to help physicians maintain their certification and stay up-to-date on the latest medical knowledge.

Risk

The American Academy of Physician Assistants (AAPA) accepts credit from organizations accredited by the ACCME.

Attendance

A certificate of attendance will be provided to those who complete the activity. Optum Health Education will provide a certificate of attendance to those who complete the activity. Optum Health Education will provide a certificate of attendance to those who complete the activity.

Availability

This activity is available on Optum Health Education and Optum.

Commercial support

No commercial support was received for this activity.

Optum

© 2023 Optum, Inc. All rights reserved.

1

2023 Grand Rounds Topics and Timing

- Unlocking patient-reported outcomes to advance quality, experience and decision-making
- Active surveillance and management of prostate cancer
- Incorporating Palliative Care into Your Primary Care Practice
- Pillars of Kidney and Cardiovascular Protective Interventions in Chronic Kidney Disease
- Obesity & Diabetes Management: It's so much more than just a "Magic Pill"
- Cancer screening overview of benefits and harms of over and under screening

Every other month starting January, specific dates TBD

Time: 6pm and 8pm Eastern

Registration links for live and on-demand:

<https://www.optumhealtheducation.com/optimal-care-grand-rounds>

Mailing list sign-up: <https://www.optumhealtheducation.com/optimal-care-grand-rounds-mailing-list>