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# Screening and Biomarkers in Colorectal Cancer

# Disclosures:

## Advisory Boards / Consultant

- Merck
- Genentech / Roche
- Silenseed
- CytomX
- Terumo
- Jounce
- Taiho

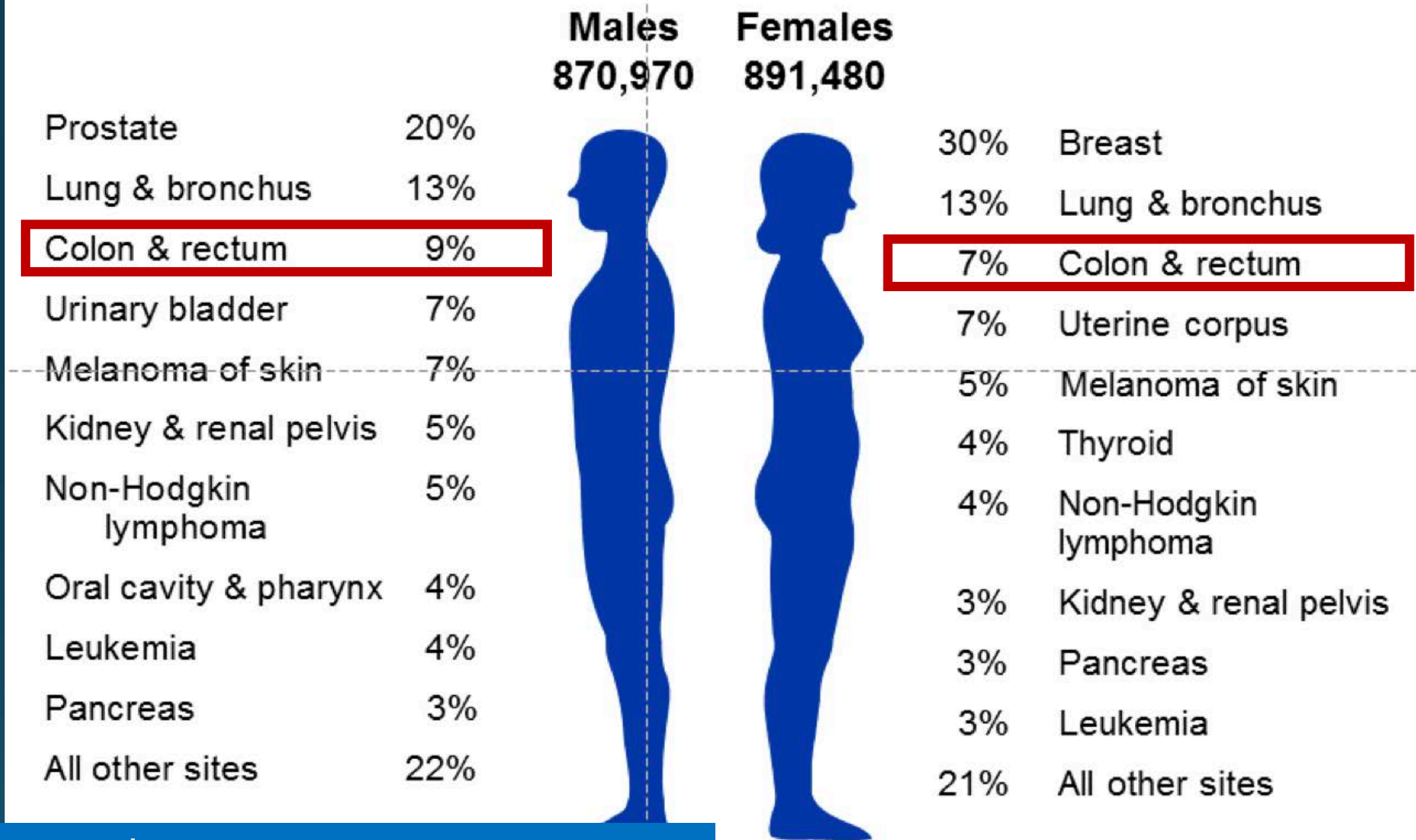
## Research support (clinical trials)

- Genentech / Roche
- Merck
- Bristol
- XBiotech
- Aduro
- EpicentRx
- FortySeven

# Overview

- Epidemiology and risk factors
- Screening
- Cost effective management of colon cancer
- Predictive and Prognostic Biomarkers
- Germline testing

# Estimated New Cancer Cases\* in the US in 2019




CRC ranks 4<sup>th</sup> in incidence behind lung, breast and prostate

ACS Cancer Facts and Figures; 2019

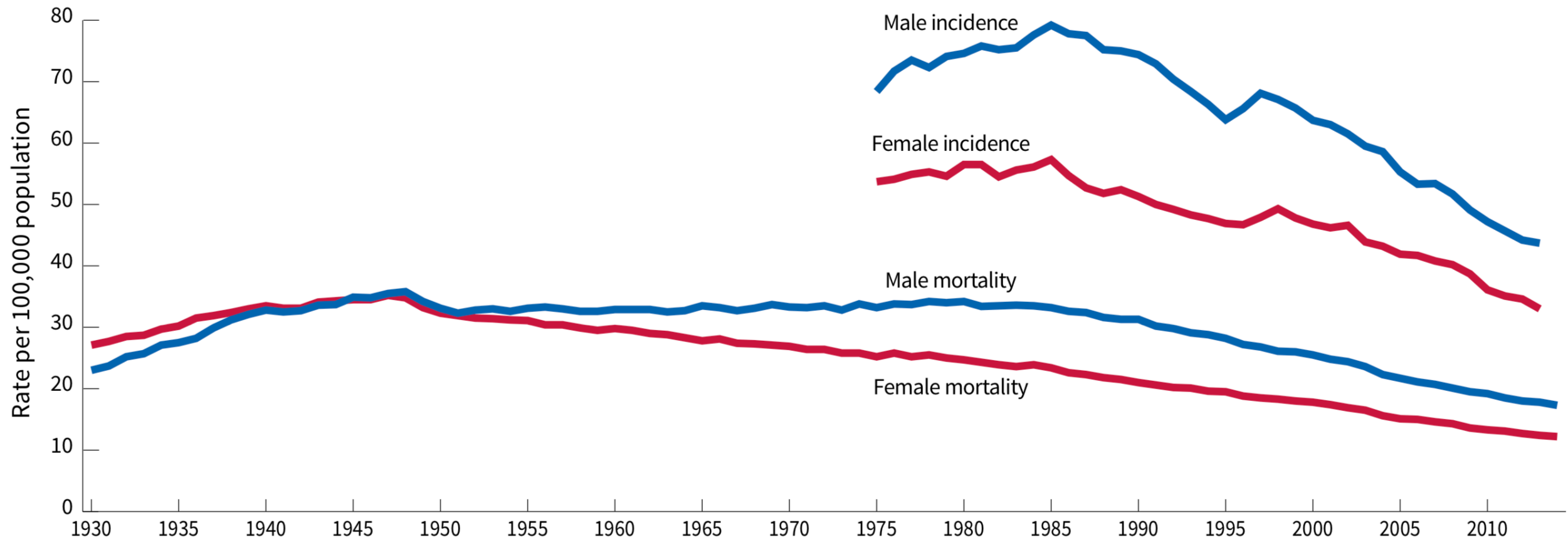
# Estimated Deaths 2018

Male			Female		
Lung & bronchus	83,550	26%	Lung & bronchus	70,500	25%
Prostate	29,430	9%	Breast	40,920	14%
<b>Colon &amp; rectum</b>	<b>27,390</b>	<b>8%</b>	<b>Colon &amp; rectum</b>	<b>23,240</b>	<b>8%</b>
Pancreas	23,020	7%	Pancreas	21,310	7%
Liver & intrahepatic bile duct	20,540	6%	Ovary	14,070	5%
Leukemia	14,270	4%	Uterine corpus	11,350	4%
Esophagus	12,850	4%	Leukemia	10,100	4%
Urinary bladder	12,520	4%	Liver & intrahepatic bile duct	9,660	3%
Non-Hodgkin lymphoma	11,510	4%	Non-Hodgkin lymphoma	8,400	3%
Kidney & renal pelvis	10,010	3%	Brain & other nervous system	7,340	3%
<b>All sites</b>	<b>323,630</b>	<b>100%</b>	<b>All sites</b>	<b>286,010</b>	<b>100%</b>

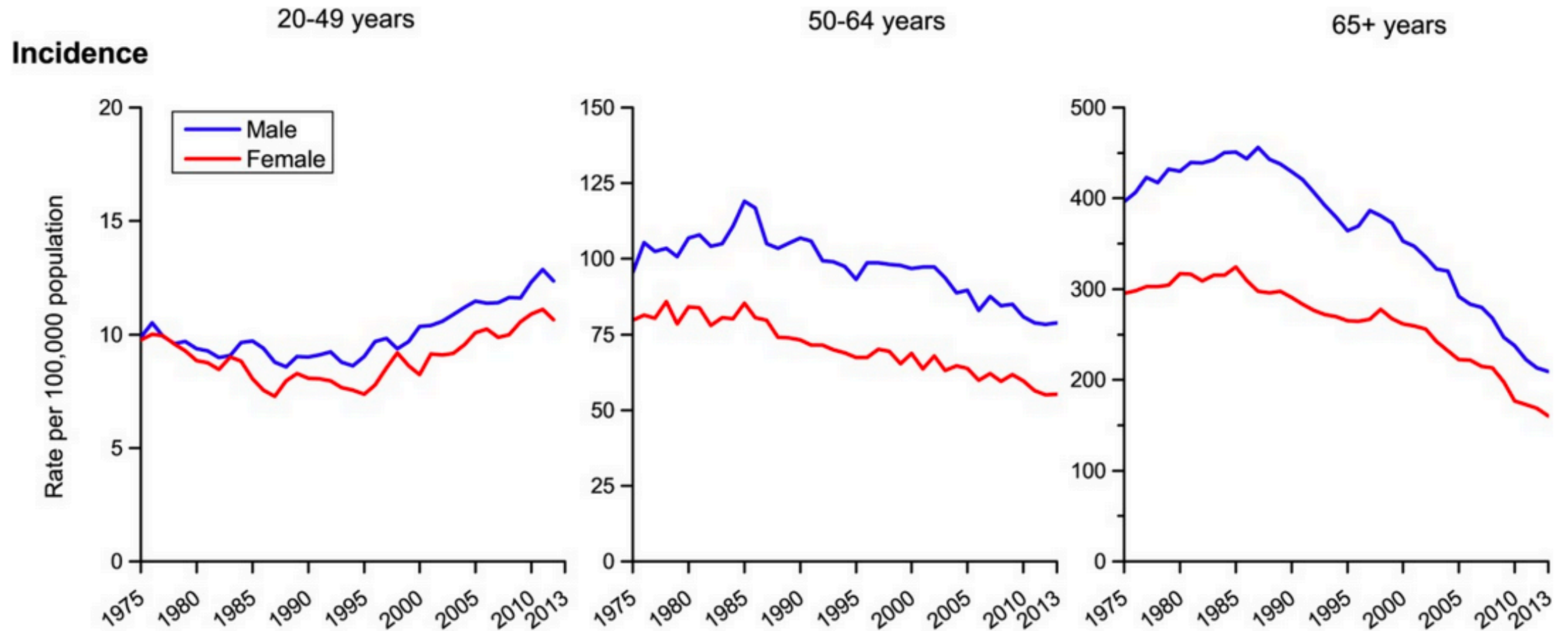


**CRC ranks 2nd in mortality  
among all cancers**

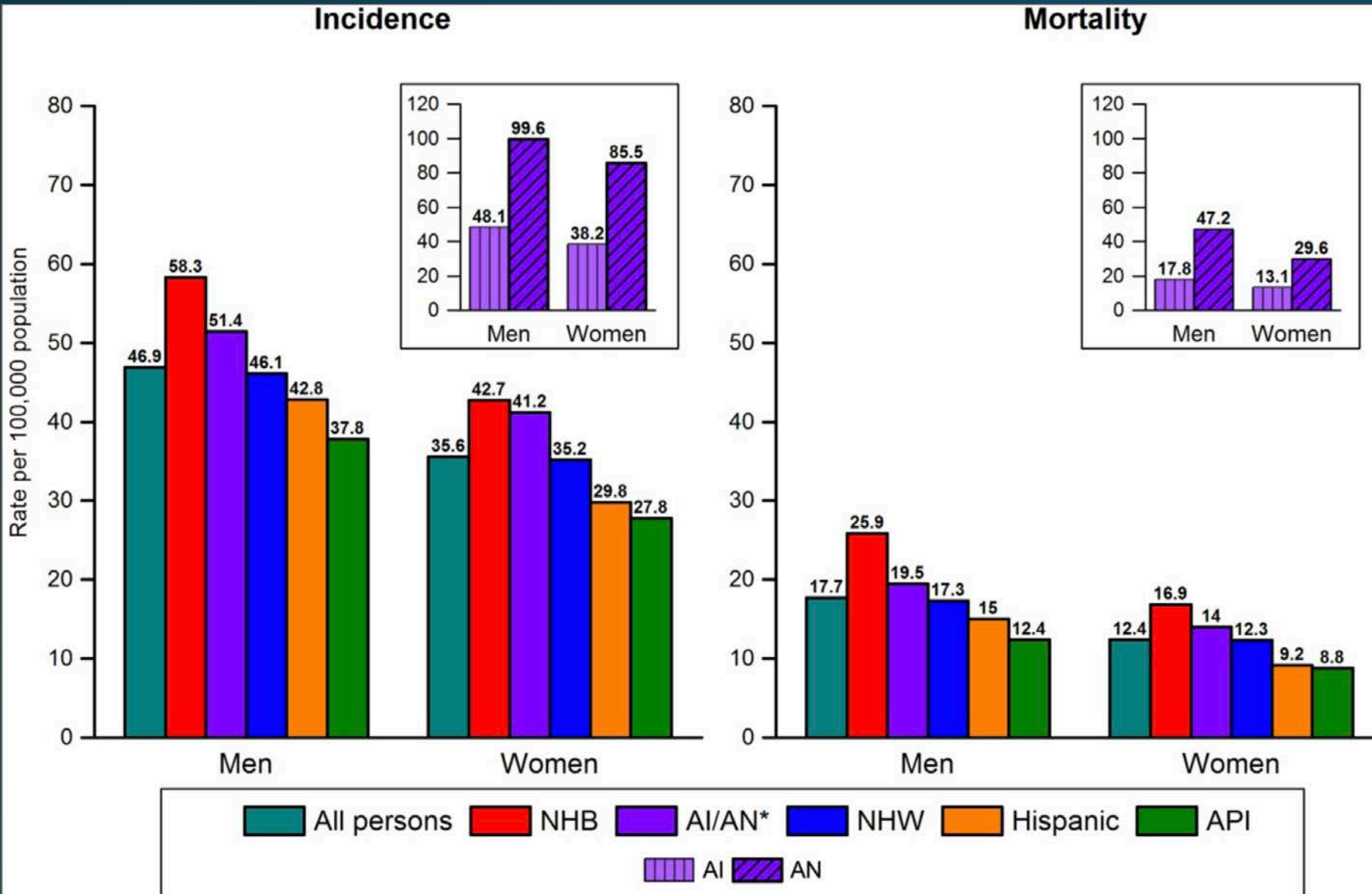
# Trends in Colorectal Cancer Incidence (1975-2013) and Mortality (1930-2014)



# Changing incidence by age groups



# CRC Incidence by Race/Ethnicity and Sex



Highest in:

- men
- alaskan natives (? low #'s)
- non-hispanic black

Lowest in:

Asian / Pacific Islander

Siegel R. et al.  
CA Cancer J Clin 2017



# Age adjusted mortality for CRC in Asia

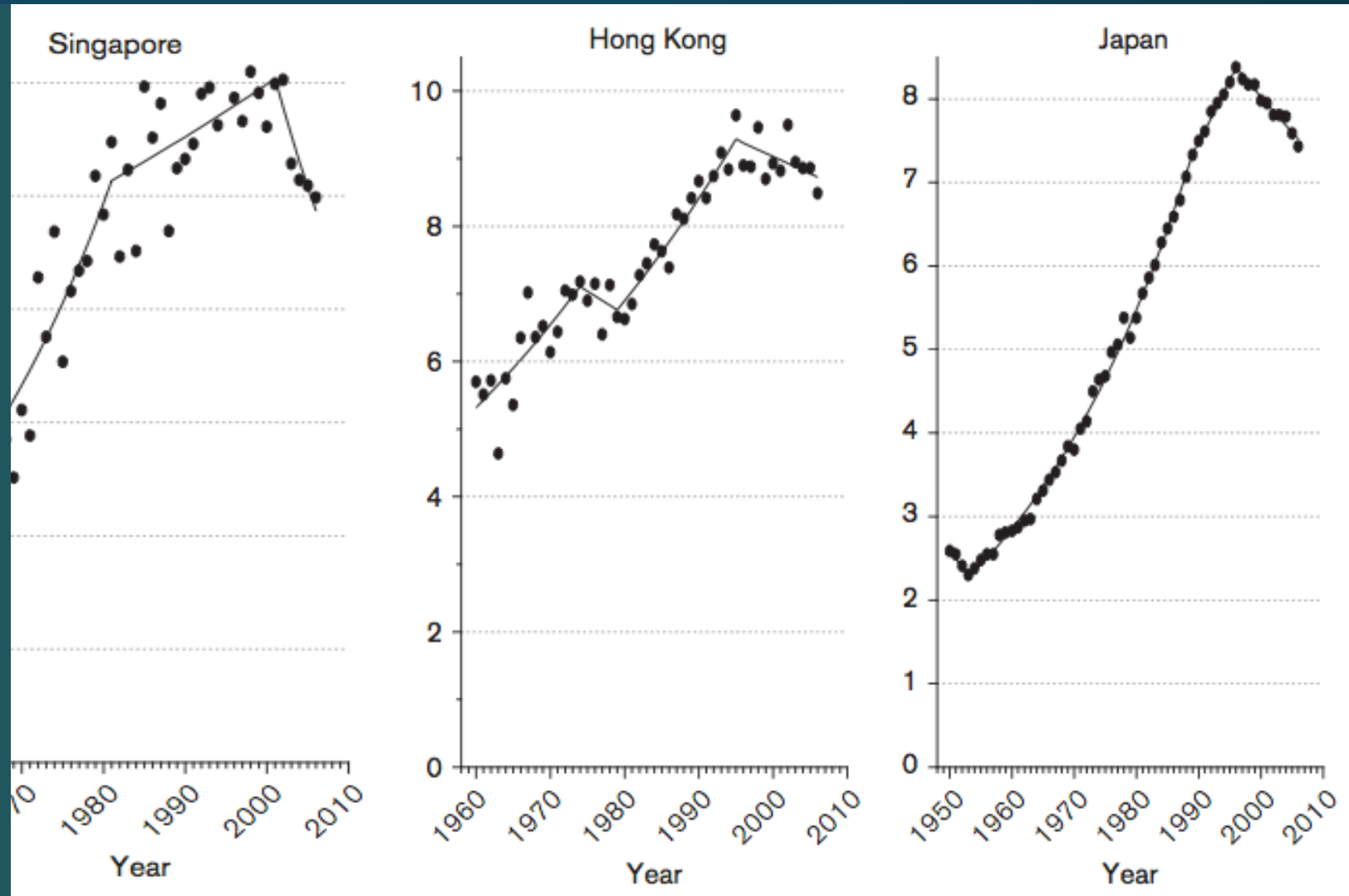
## Presumed Causes:

“westernized” lifestyle

- higher fat diet
- lower fiber
- obesity
- lack of exercise

Decline in mortality after 2000 in Hong Kong, Singapore, Japan?

- screening programs
- awareness



# Risk Factors for Colorectal Cancer

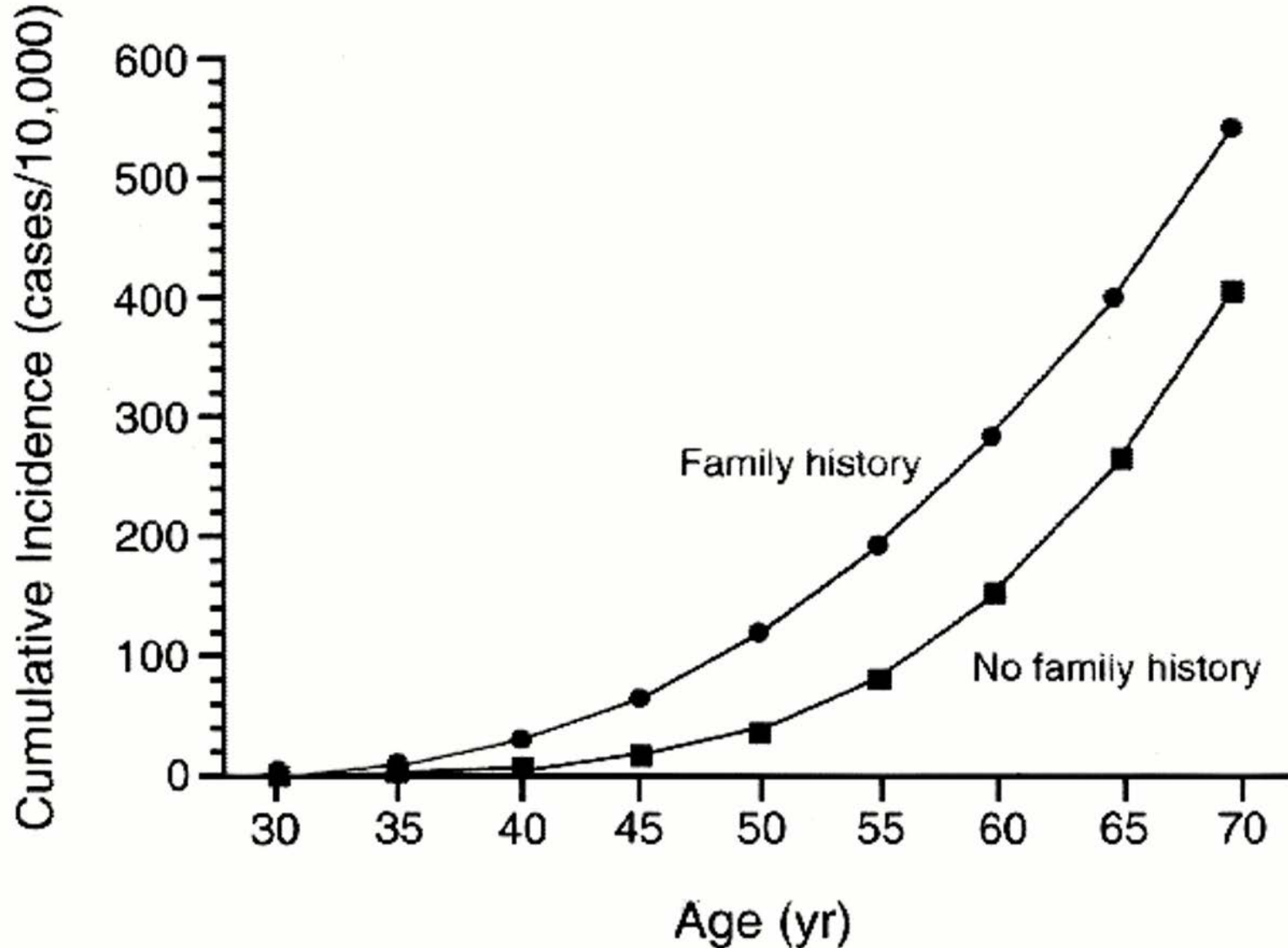
## Non-modifiable

- Age
- Family history
  - Genetic predispositions
    - Lynch / FAP / other...
- Inflammatory bowel
- ? Sex / Race / Ethnicity ?

## Modifiable

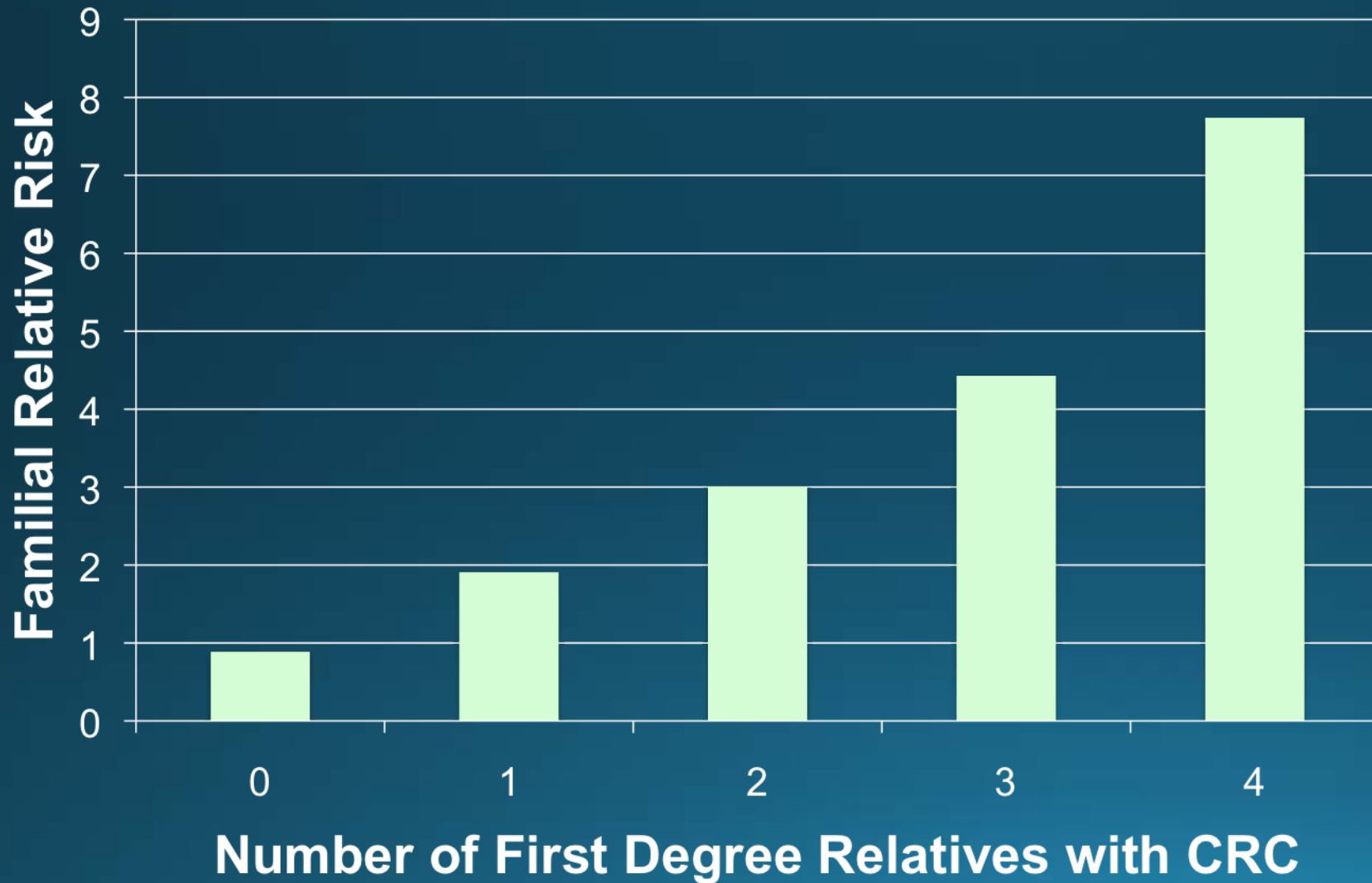
- NSAIDs
- Diet
- Physical activity
- BMI
- Hormone replacement
- Tobacco

# Colorectal Cancer Risk and Family History



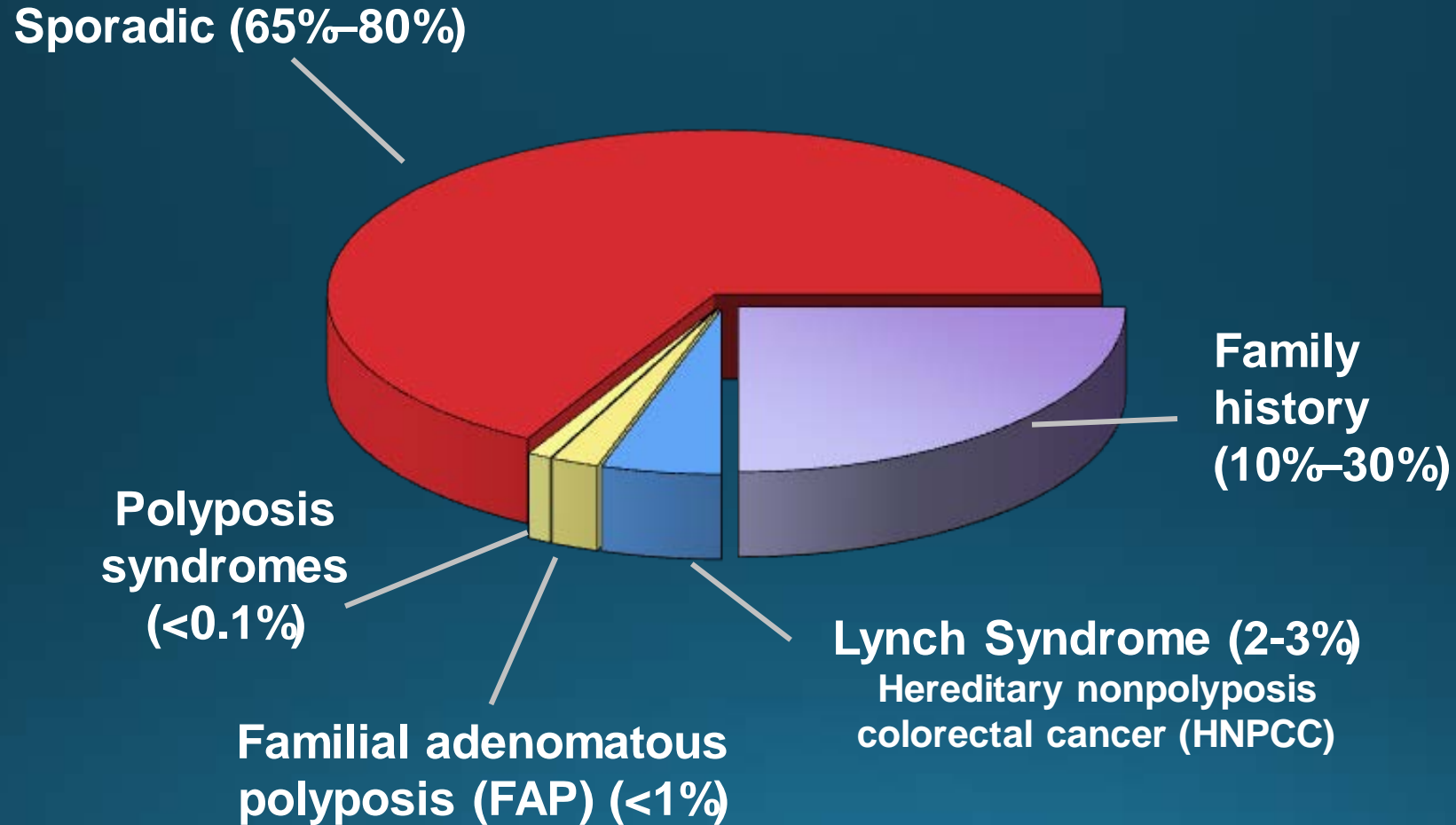
Fuchs *et al.*  
N Engl J Med 1994

# Colorectal Risk and Family History



Taylor *et al.*  
Gastroenterology 2010

# Genetics in Colon Cancer



Adapted from Burt RW et al. *Prevention and Early Detection of CRC*, 1996.

# Genetic Predispositions

Syndrome	Genes	features
Lynch Syndrome (HNPCC)	MLH1, MSH2, MSH6, PMS2 EPCAM	Often right sided and poorly differentiated with lymphocytic infiltrate; Defective DNA repair and MSI; Favorable prognostic marker for stage II colon; unfavorable for stage IV but highly susceptible to PD-1 targeted immunotherapy
Familial Adenomatous Polyposis (FAP)	APC	Thousands of polyps (unless attenuated FAP); Desmoids, osteomas, gastric and duodenal adenomas
MUTYH-associated neoplasia	MUTYH	Duodenal polyposis
Juvenile polyposis	SMAD4, BMPR1A	Hereditary hemorrhagic telangiectasia
Peutz-Jeghers	STK11	Hamartomas throughout GI tract
Other...	CHK2, tP53,	

# Modifiable Protective Factors

Factor	ref.	# studies / patients	metric	hazard ratio	
Physical activity <sup>a</sup>	WCRF CUP <sup>99</sup>	12	8396	Total physical activity, highest vs lowest levels	0.80 (0.72–0.88)
		20	10,258	Recreational physical activity, highest vs lowest levels	0.84 (0.78–0.91)
Consumption of whole grains	WCRF CUP <sup>99</sup>	6	8320	Per 90 g/day	0.83 (0.78–0.89)
Consumption of food containing dietary fibre	WCRF CUP <sup>99</sup>	21	16,562	Per 10 g/day	0.93 (0.87–1.00)
Consumption of dairy products	WCRF CUP <sup>99</sup>	10	14,859	Dairy products, per 400 g/day	0.87 (0.83–0.90)
		9	10,738	Milk, per 200 g/day	0.94 (0.92–0.96)
		7	6462	Cheese, per 50 g/day	0.94 (0.87–1.02)
		10	11,519	Dietary calcium, per 200 mg/day	0.94 (0.93–0.96)
Aspirin	Algra et al. <sup>18</sup>	26 <sup>b</sup>	25,618	Any aspirin vs non-user	0.67 (0.60–0.74)
		17 <sup>b</sup>	12,659	Maximum reported aspirin vs non-user	0.62 (0.58–0.67)
Hormone replacement therapy	Green et al. <sup>20</sup>	30	6256 <sup>c</sup>	Any hormone replacement, ever vs never use	0.84 (0.81–0.88)

Table adapted from Brenner H. and Chen C. Brit J Cancer 2018

# Modifiable Risk Factors

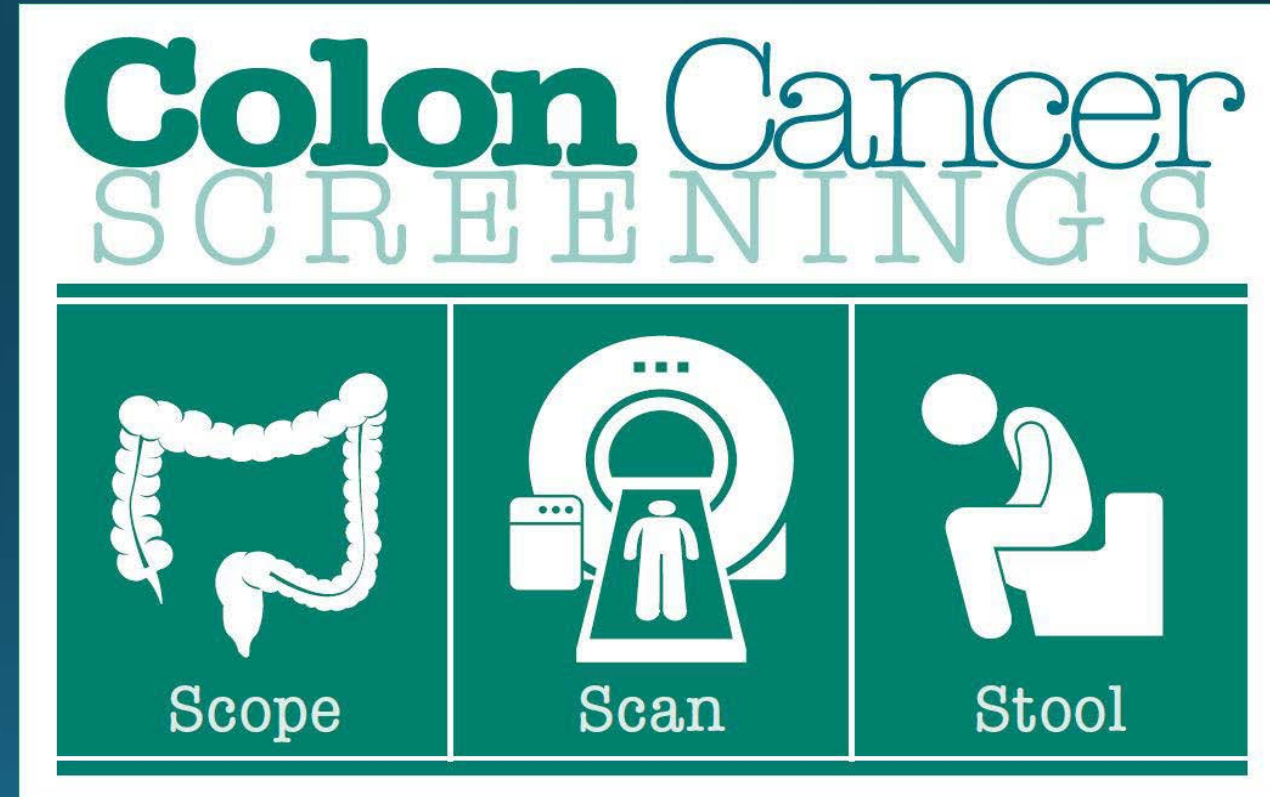
Factor	ref.	# studies / patients		metric	hazard ratio
Consumption of red and processed meat	WCRF CUP <sup>99</sup>	8	6662	Red meat, per 100 g/day	1.12 (1.00–1.25)
		10	10,738	Processed meat, per 50 g/day	1.16 (1.08–1.26)
Alcohol consumption	WCRF CUP <sup>99</sup>	16	15,896	Per 10 g/day	1.07 (1.05–1.08)
Body fatness	WCRF CUP <sup>99</sup>	38	71,089	BMI, per 5 kg/m <sup>2</sup>	1.05 (1.03–1.07)
		8	4301	Waist circumference, per 10 cm	1.02 (1.01–1.03)
		4	2564	Waist:hip ratio, per 0.1 unit	1.02 (1.01–1.04)
Smoking	Botteri et al. <sup>13</sup>	106	39,779	Ever vs never smokers	1.18 (1.11–1.25)

Table adapted from Brenner H. and Chen C. Brit J Cancer 2018



# CRC Screening Options

- **Early detection**
  - Fecal occult blood test (FOBT) or fecal immunochemical test (FIT) q year
  - Multi-target stool DNA test (Cologuard) q 3 years
- **Early detection and prevention**
  - Colonoscopy q 10 years
  - Flexible sigmoidoscopy q 5 years
  - CT colonography (“virtual colonoscopy”) q 5 years



# American Cancer Society: 2018 Recommendations for CRC Screening

ACS recommends that average risk adults  $\geq 45$  undergo regular screening with either a high-sensitivity stool based test or a “visual” examination, depending on patient preference and test availability.

All (+) results should be followed up with a timely colonoscopy.

The recommended screening at age  $\geq 45$  is a qualified recommendation while that for age  $\geq 50$  is a strong recommendation

# ACS: Options for CRC Screening

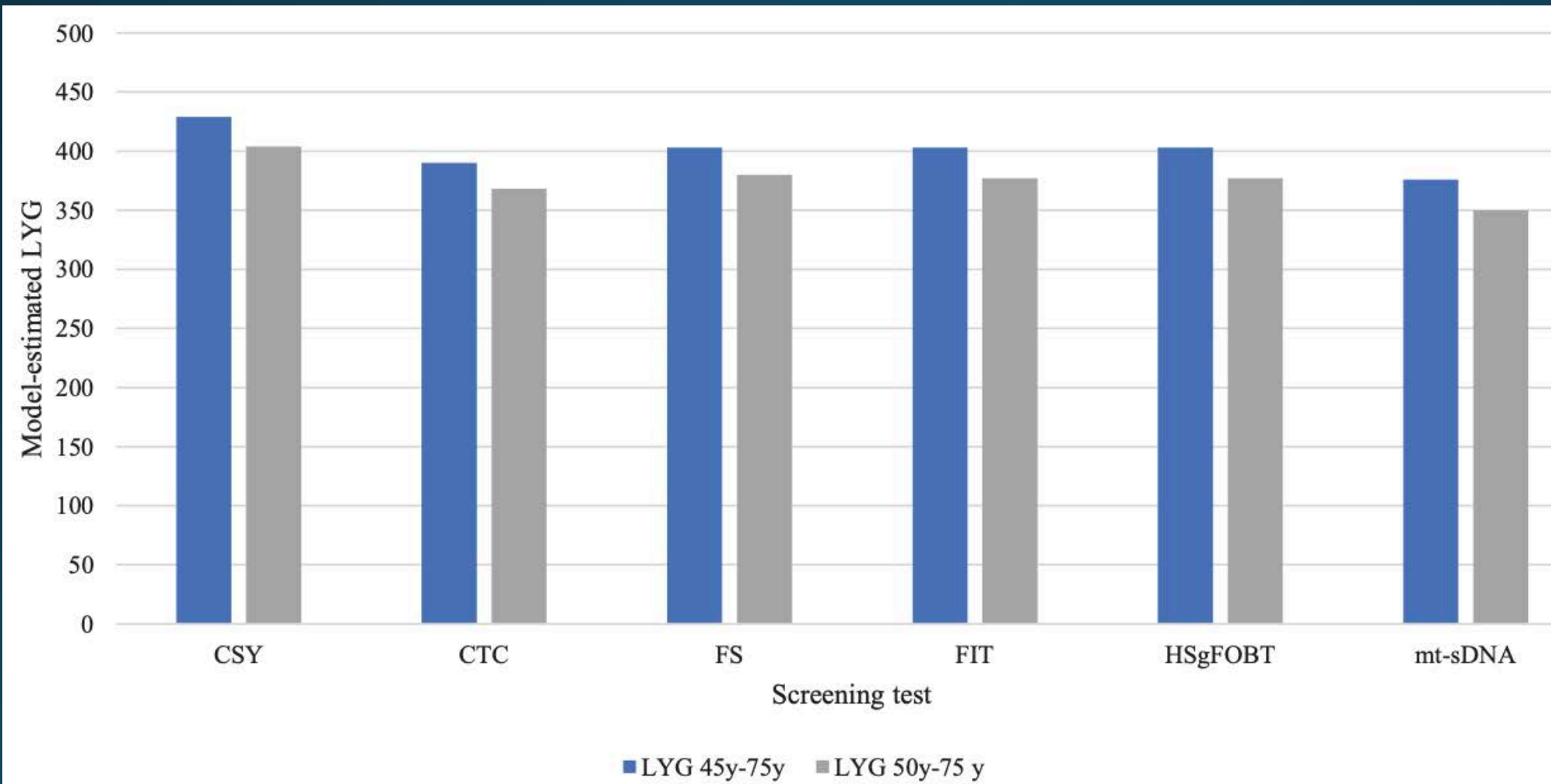
## Stool Based Tests

- Fecal immunochemical q yr
- High sensitivity guaiac-based q yr
- Multitarget stool DNA q 3 yrs

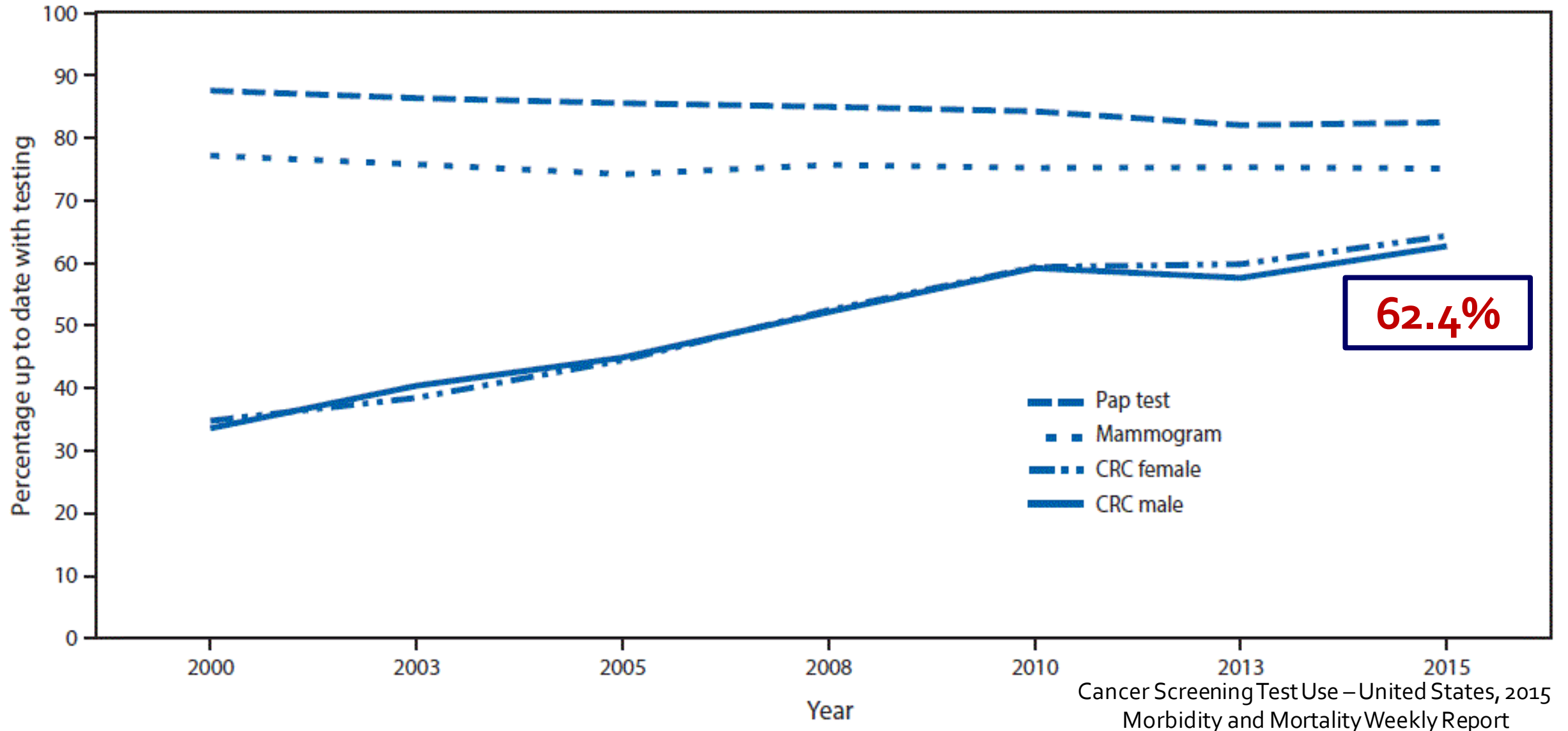
## “Structural” examinations

- Colonoscopy q 10 yrs
- CT colonography q 5 yrs
- Flexible sigmoidoscopy q 5 yr

# Model estimates of life years gained: Screening at 45 vs 50 years of age



# Room for Improvement...



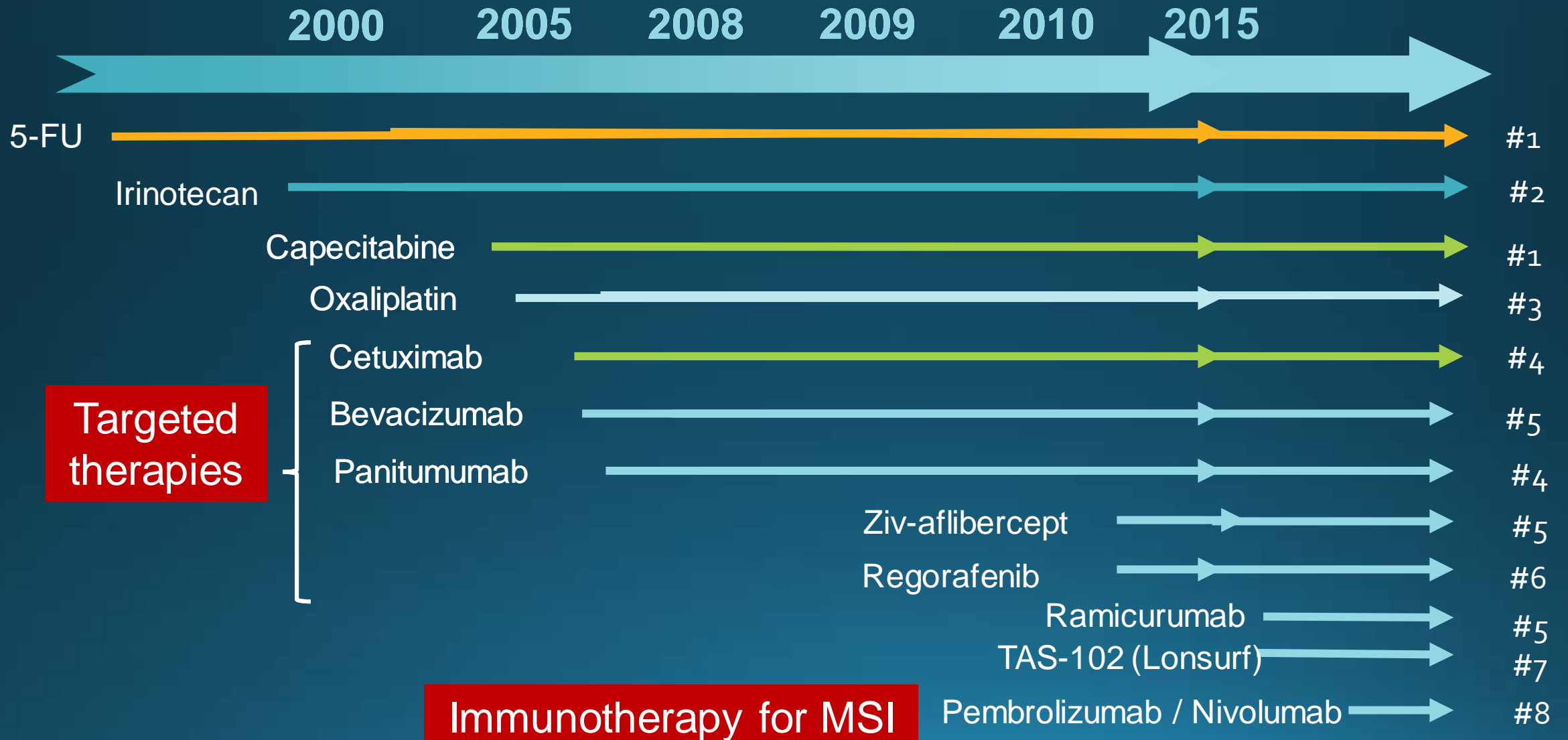
# Management of Colon Cancer

New agents approved

Improvements in management of resectable disease

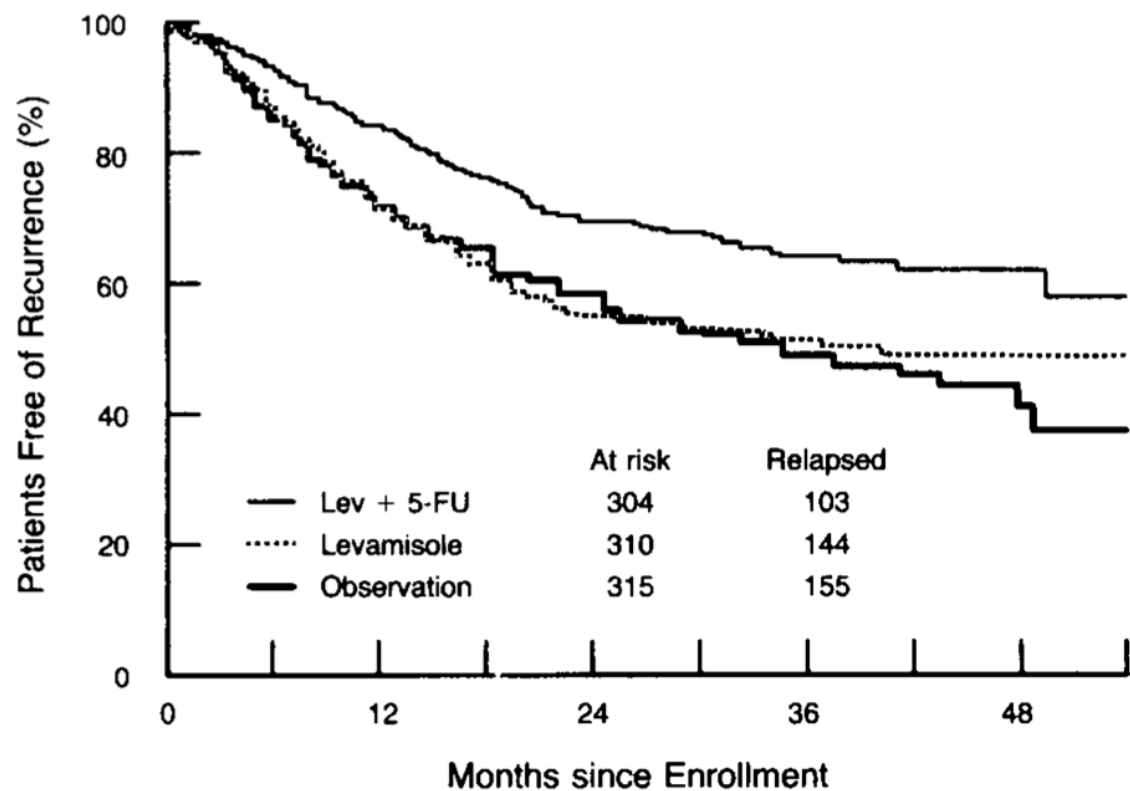
Use of molecular biomarkers for treatment decisions

# FDA Approvals in Advanced Colon Cancer



# How long to treat after surgery ?

Observation vs 12 mos 5FU+ Lev vs 12 mos Levamisole alone

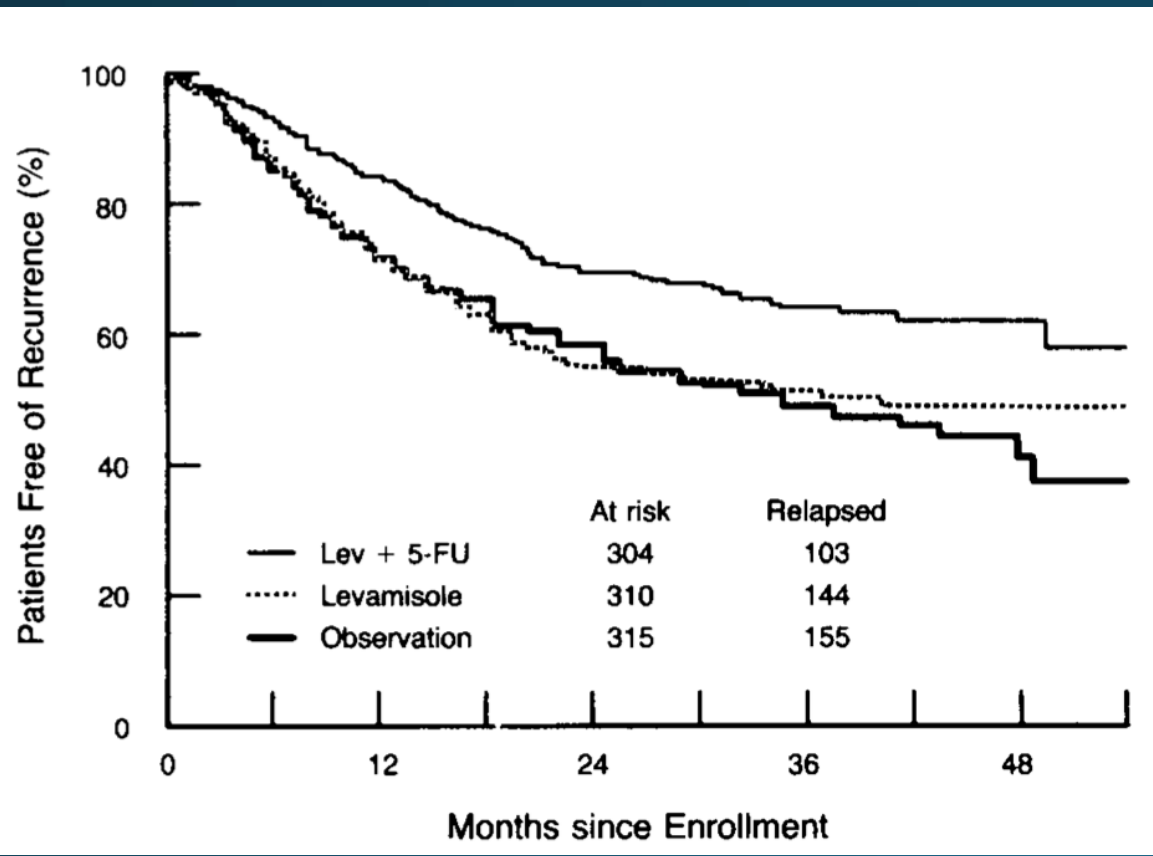


Moertel C. et al. NEJM 1990



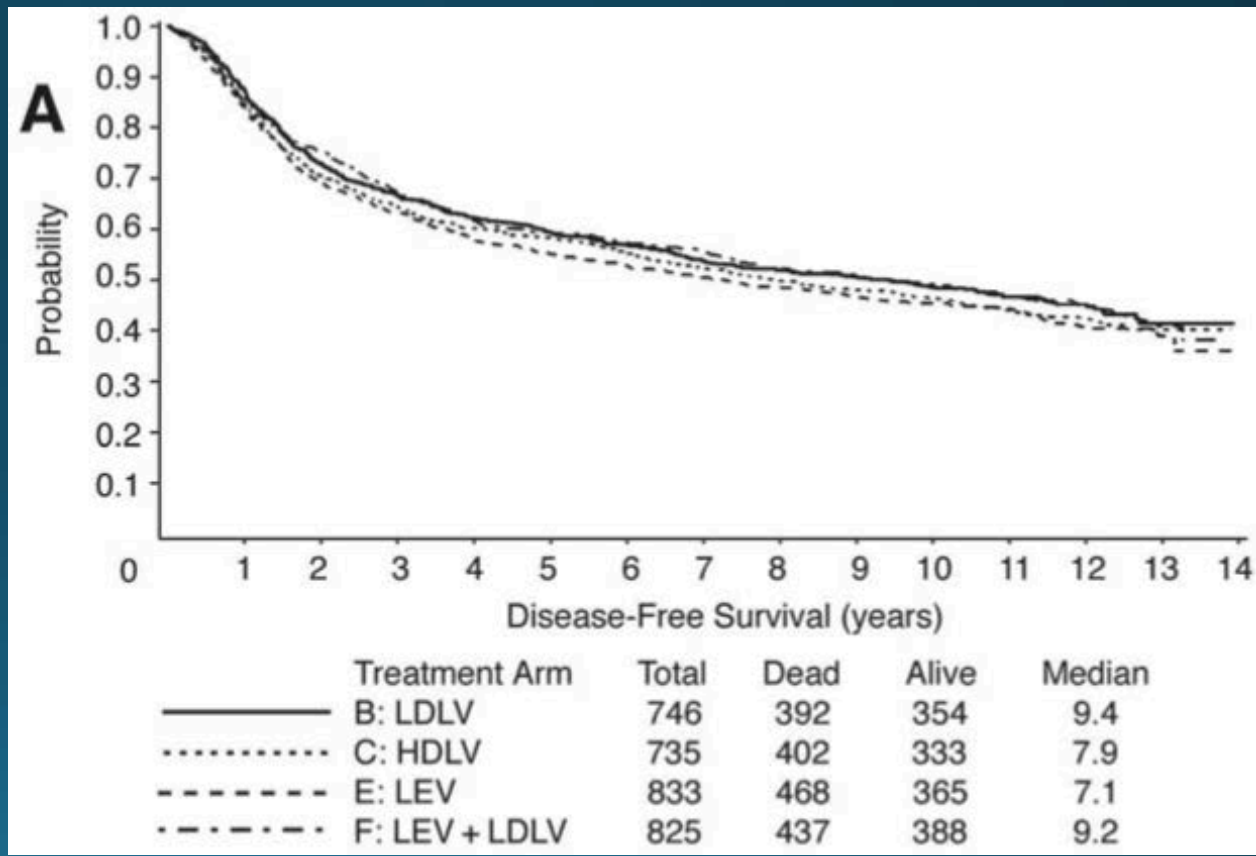
# How long to treat?

Observation vs 12 mos 5FU+ Lev vs 12 mos Levamisole alone



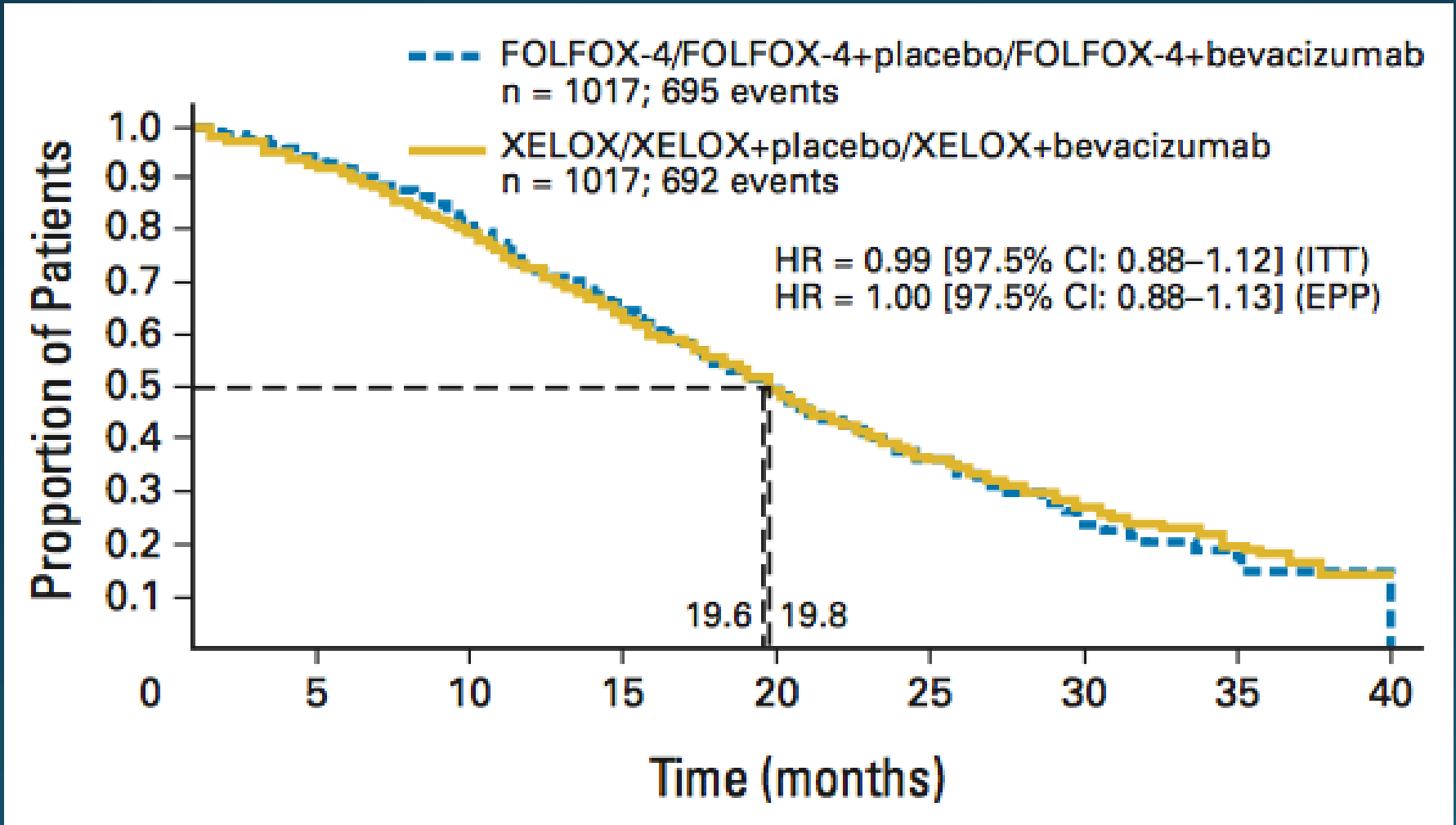
Moertel C. et al. NEJM 1990

6 mos 5FU+LV vs 12 mos 5FU + Lev



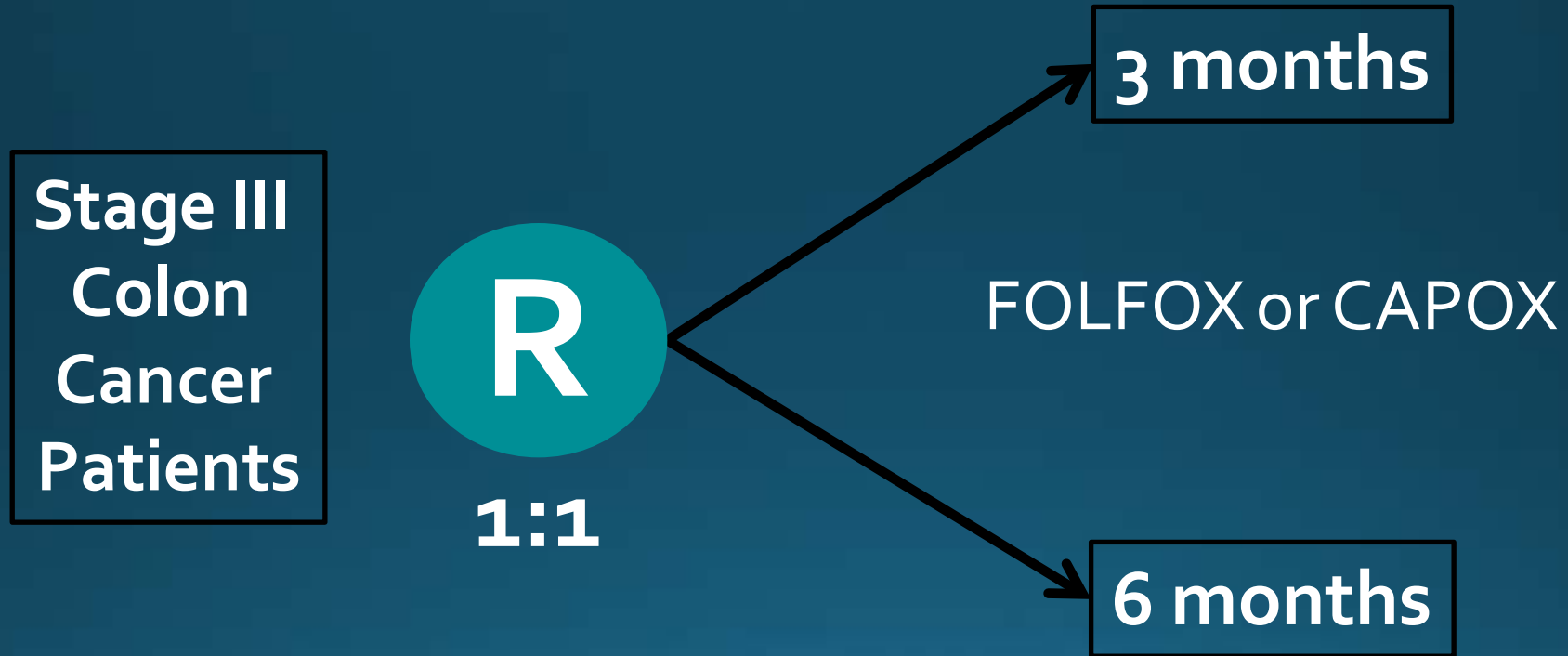
Haller D. et al. JCO 2005

# 6 months: 48 hr infusion of 5FU vs capecitabine (p.o.)



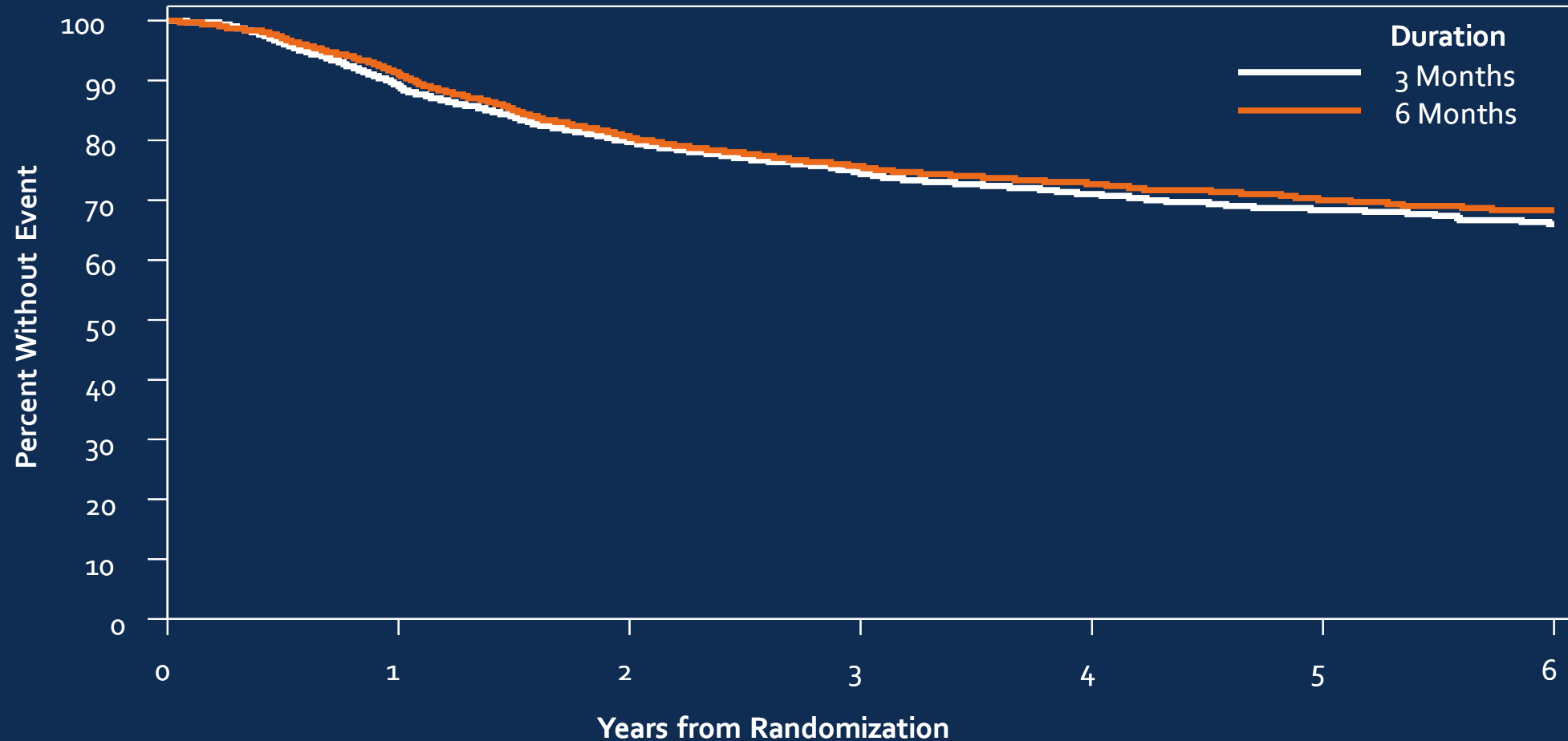
# Treatment duration: 3 vs 6 mos

Total planned accrual  $\geq 10,500$



Pre-planned secondary analysis  
by regimen and T/N stage

# Treatment Duration: 3 versus 6 months

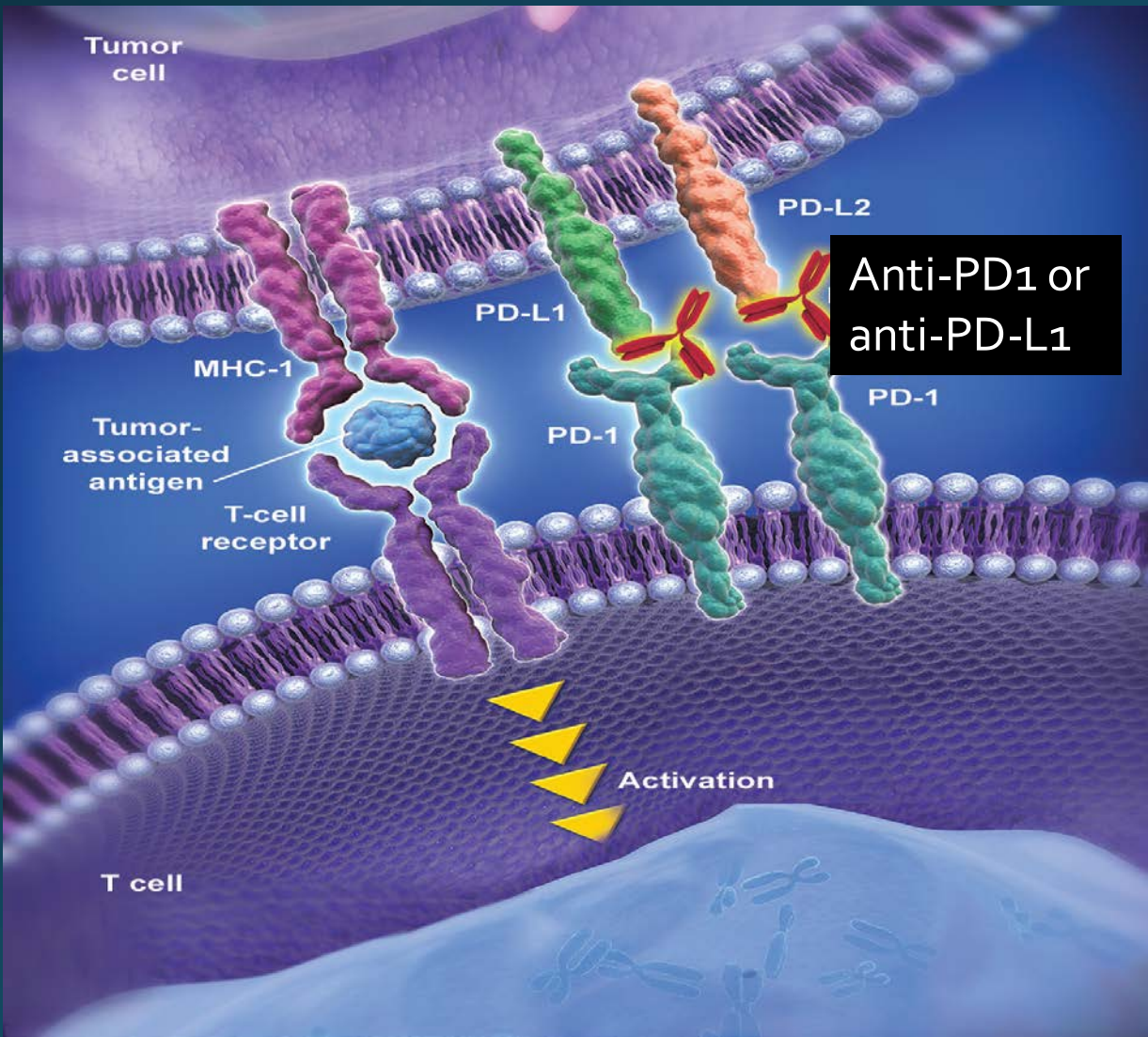


N Patients	6424	5446	4464	3000	1609	826	321
At risk	6410	5530	4477	3065	1679	873	334

# Validated Biomarkers in colon cancer

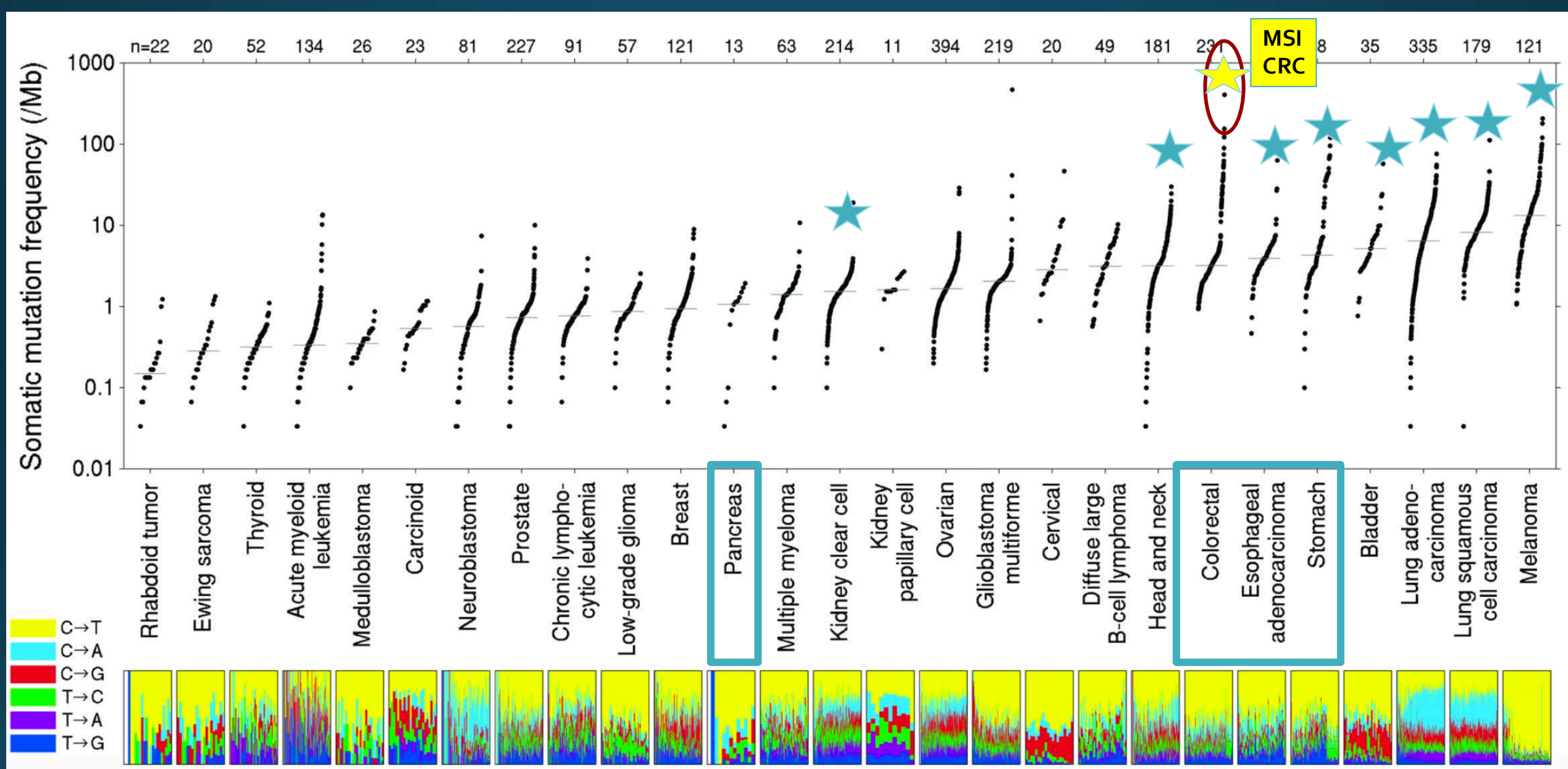
- RAS mutation testing: if normal then cetuximab or panitumumab
  - ~50% of advanced CRC
- BRAF mutation testing: if mutated then BRAFi + above + ?
  - ~8% of advanced CRC
- Her-2 neu : if present then drugs that target Her-2 (+) breast cancers
  - ~10% of advanced CRC
- MSI (DNA repair deficiency): if (+) then immunotherapy
  - ~3% of advanced CRC

# Immunotherapy: How the PD1 drugs work...



## FDA approved PD-1/PD-L1 drugs

- Pembrolizumab (Keytruda)
- Nivolumab (Opdiva)
- Atezolizumab (Tecentriq)
- Avelumab (Bavencio)
- Durvalumab (Imfinzi)



Reprinted by permission from Macmillan Publishers Ltd: Nature, Lawrence MS, Stojanov P, Polak P, et al. Mutational heterogeneity in cancer and the search for new cancer genes. *Nature*. 2013;499(7457):214-218. doi:10.1038/nature12213. copyright 2013.

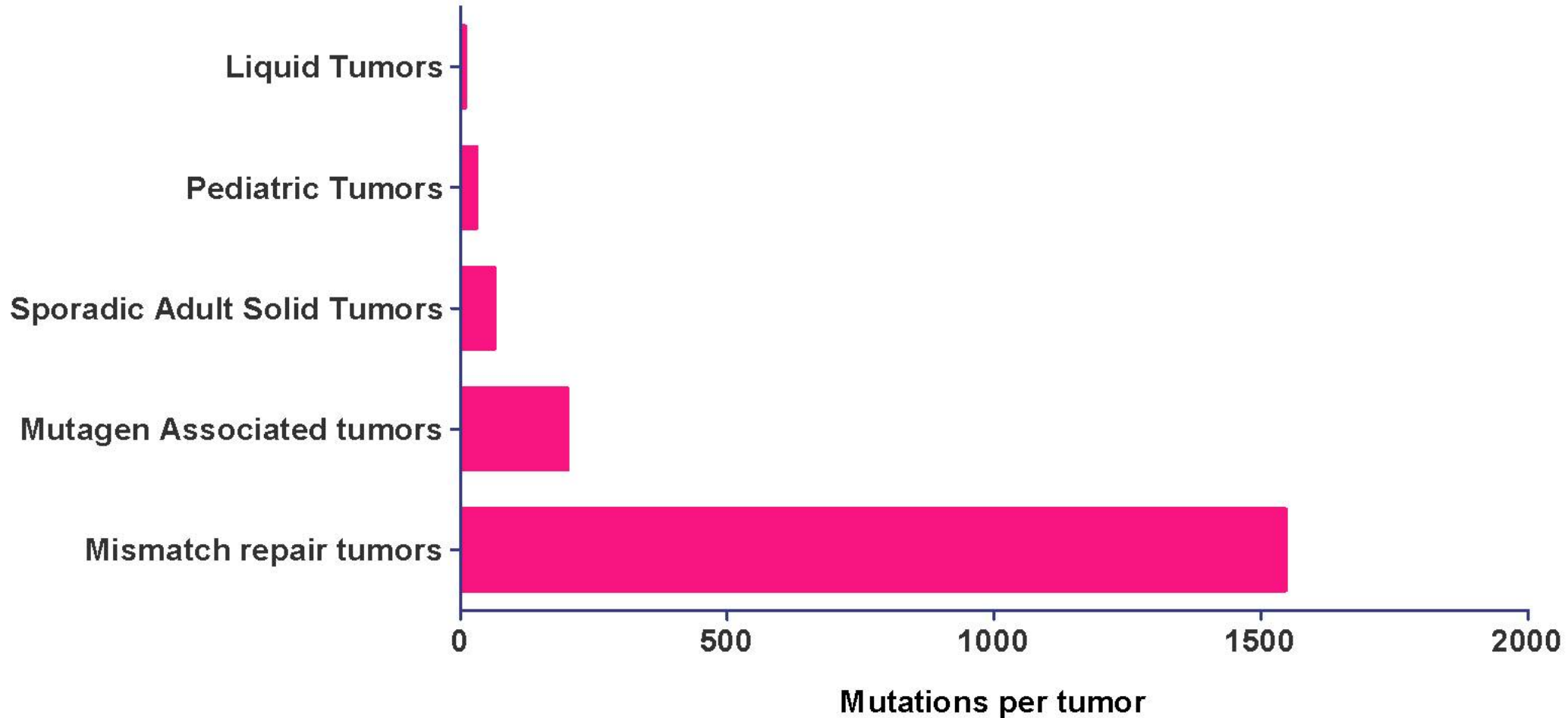
★ FDA approved indications

# Mismatch Repair Deficiency

- MicroSatellite Instability (MSI) is due to deficient mismatch repair
- MSI can be result of:
  - Germline mutations (Lynch Syndrome) ~1/3 of CRC MSI
  - Epigenetic silencing (MLH1 hypermethylation) ~2/3 of CRC MSI
  - Sporadic mutations (MLH1, MSH2, MSH6, PMS2) ≤ 5% of CRC MSI
- Mismatch repair deficiency can be detected by:
  - MSI assay (PCR of micro-satellite repeats)
  - Immunohistochemistry (IHC) for mismatch repair proteins
  - Gene sequencing of mismatch repair genes
  - Next Generation Sequencing (NGS) to detect microsatellite repeats



# Mutations per tumor



Presented By Luis Diaz at 2018 ASCO-SITC Clinical Immuno-Oncology Symposium

# MSI as a Predictive Biomarker: Response to immunotherapy (KEYNOTE-016 Study)

MSI  
Colorectal Cancers  
N = 28

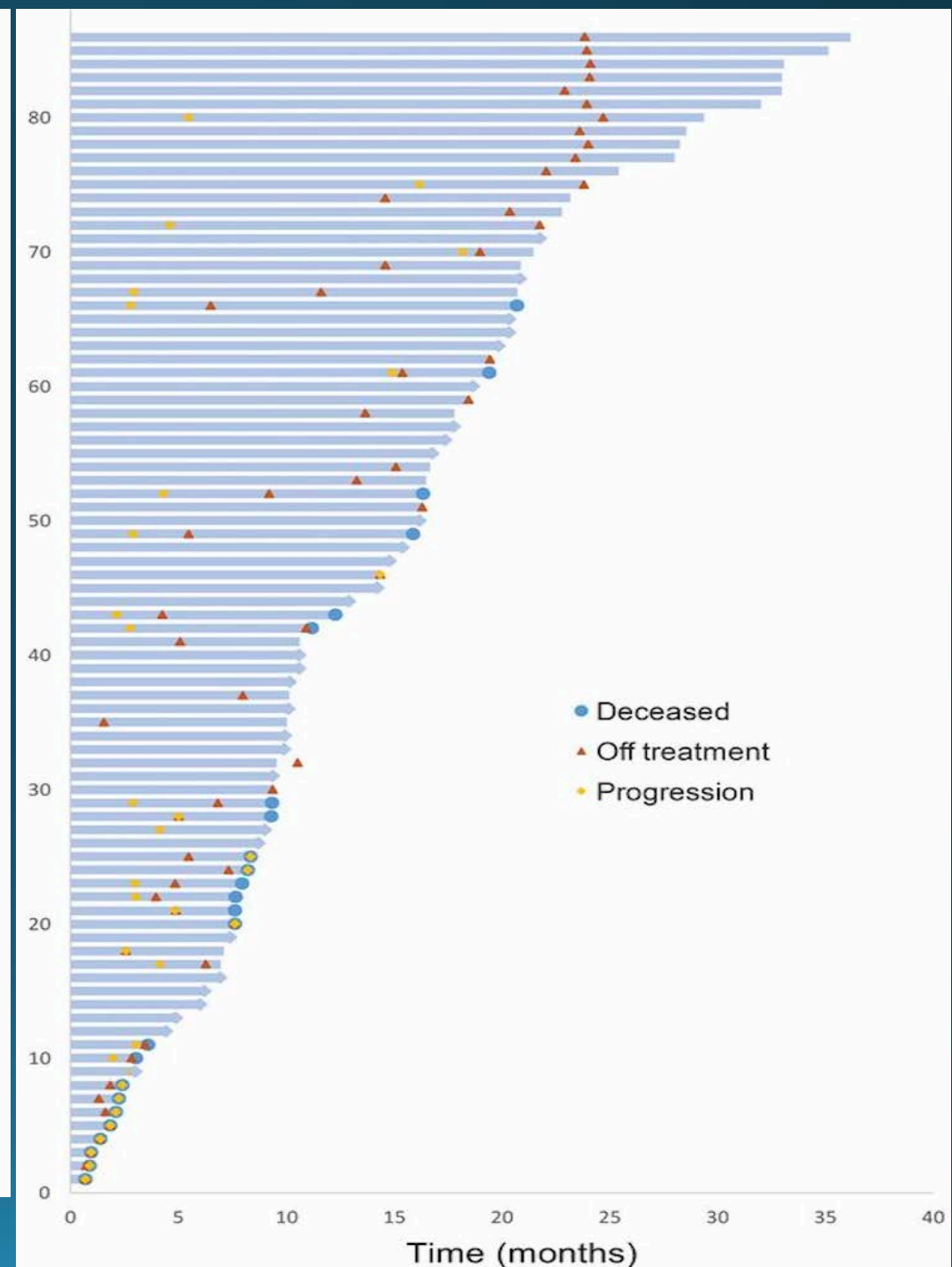
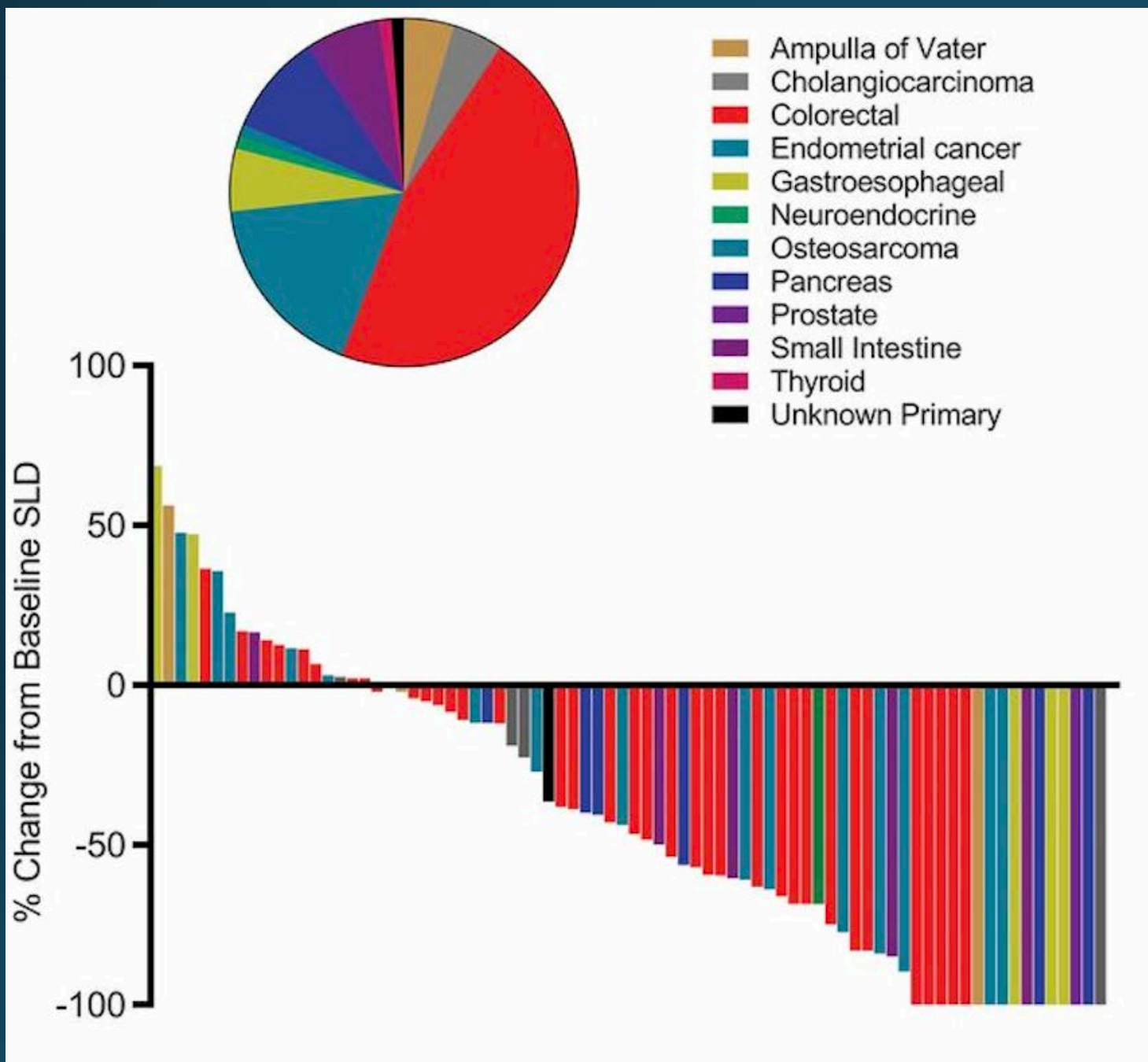
MSS  
Colorectal Cancers  
N = 25

MSI  
Non-Colorectal Cancers  
N = 58

- Pembrolizumab 10 mg/kg every 2 weeks
- Primary endpoint: response rate and immune related 20 week PFS rate
- Mismatch repair testing using standard PCR-based test for MSI

# Objective Response Rates

	<sup>1</sup> Colorectal MSI-H N = 28	<sup>2</sup> Colorectal MSS N = 25	<sup>1</sup> Non-CRC MSI-H N = 58
Objective response rate	<b>57%</b>	0%	<b>55%</b>
Complete response rate	<b>11%</b>	0%	<b>21%</b>
Disease control rate	<b>89%</b>	16%	80%



From Mismatch-repair deficiency predicts response of solid tumors to PD-1 blockade, Le D., et al., 2017. Reprinted with permission from AAAS.

# 42 yo rancher c/o blood in stool

- HPI: 1-2 month with intermittent crampy abdominal pain; 2-3 weeks with blood admixed with stool
- Exam and labs normal
- PMH: (-)
- Colonoscopy with "obstructing" descending colon mass
  - Could not pass scope past mass
  - Biopsy: poorly differentiated adenocarcinoma
  - CT (-) for metastases
- Left hemicolectomy with path: T<sub>3</sub> N<sub>0</sub> (0 of 22 nodes) = Stage IIA

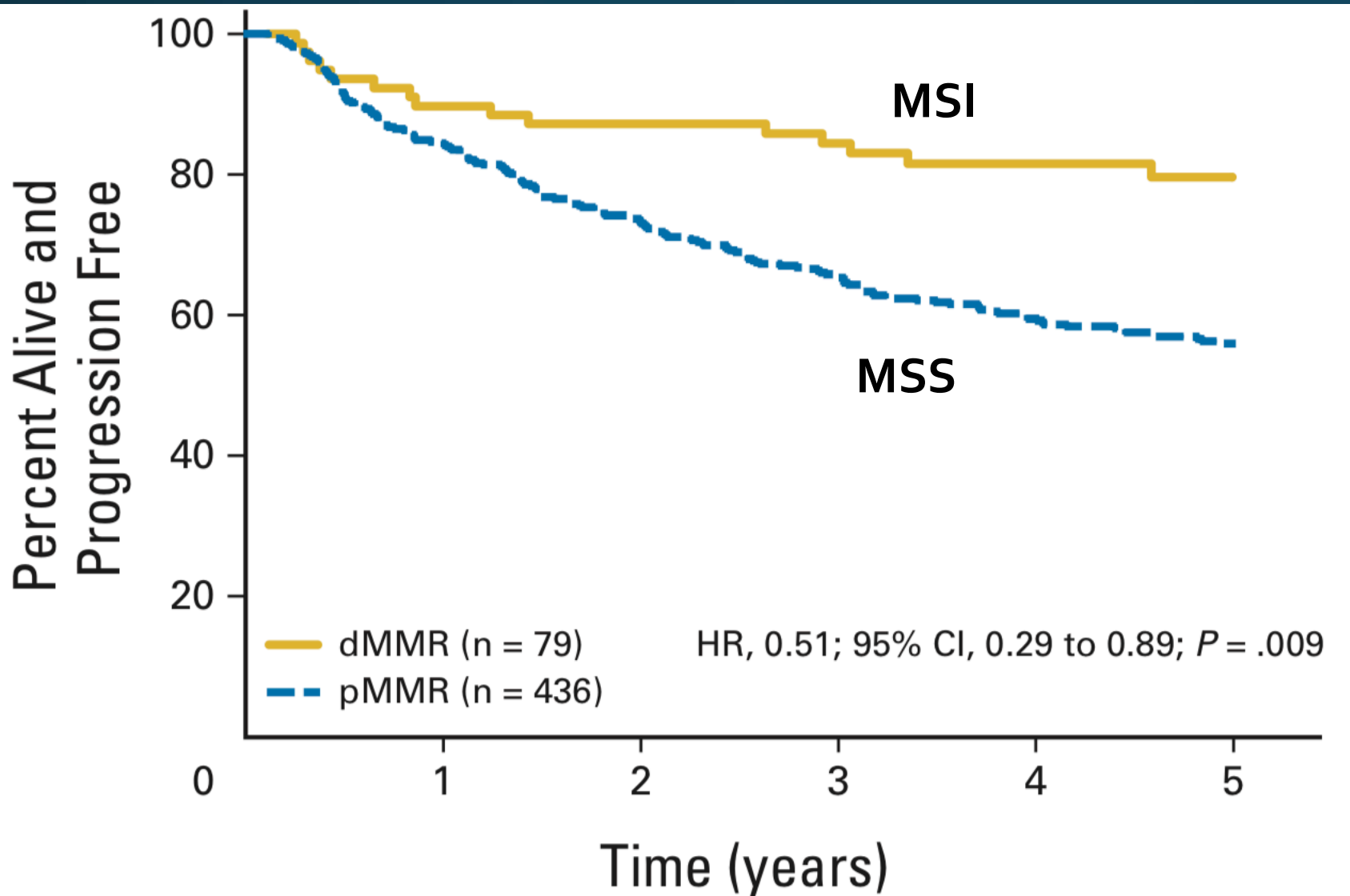
# 42 yo with stage IIA colon cancer

- Oncologist offers adjuvant chemo (FOLFOX) since young, healthy patient with obstructing, poorly differentiated tumor
- After 6 months of FOLFOX c/b grade 2 neuropathy, he has a CT which is (-) and a colonoscopy which finds a cecal mass, bx adenocarcinoma.
- Right hemicolectomy with path: T<sub>3</sub> N<sub>0</sub> (0 of 15 nodes) = Stage IIA

# 42 yo with second colon cancer

- His oncologist would like to give adjuvant 5FU + irinotecan since the cecal cancer clearly survived the FOLFOX that had just been given...
- You now recommend:
  - Test tumor sample for microsatellite instability / Lynch syndrome
- Immunohistochemistry test for mismatch repair proteins reveals deficiency in MSH6 (i.e. Microsatellite Instability or MSI)
  - You recommend genetic counseling and no further treatment since very low risk of recurrence

# MSI as a prognostic factor

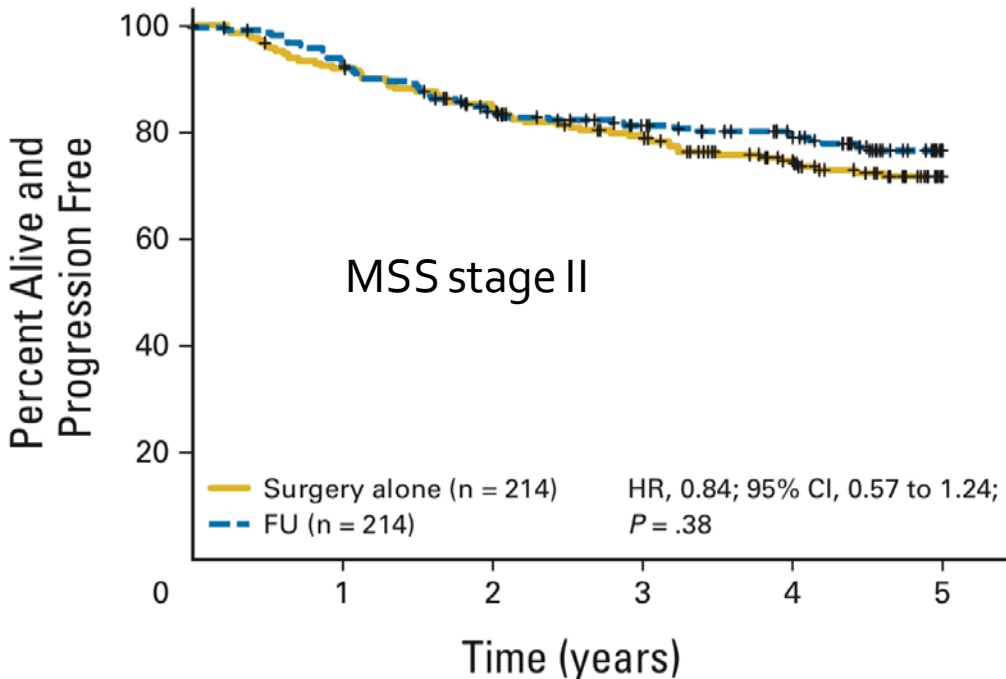
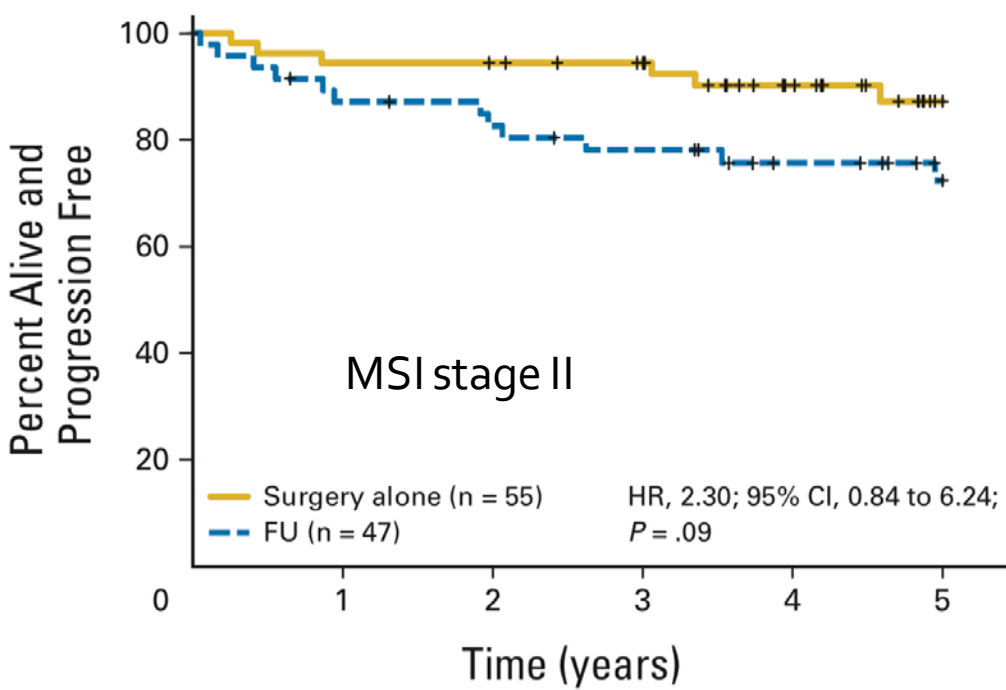


- Retrospective review of MSI vs MSS in Stage II/III patients who were randomized to observation arms



# Retrospective review MSI vs MSS in trials comparing 5-FU with no treatment in stage II colon cancer

5-FU was inferior to observation in MSI tumors



5-FU of no benefit in MSS stage II patients

# 55 yo with RUQ pain and MSI Colon

After 2 months



- Biopsy confirms metastatic colon cancer; IHC: deficient in MLH1 and PMS2
- Progressive disease after 5FU / oxaliplatin / irinotecan
- Treated with anti-PD1 immunotherapy



# Characteristic of Lynch Syndrome tumors

## Clinical features

- Younger age
- Colon, endometrial, ovarian, gastric, small intestine, pancreatico-biliary, urothelial, prostate, and brain
- Predilection for right side of colon
- Favorable prognosis in early stage disease / unfavorable in advanced disease

## Pathological / Molecular features

- Lymphocytic infiltrate
- Poorly differentiated
- Hyper mutated phenotype (MSI)
- Deficient mismatch repair (dMMR)
  - Absent MLH<sub>1</sub>, PMS<sub>2</sub>, MSH<sub>2</sub>, MSH<sub>6</sub> and rarely with deletions of EPCAM which induce epigenetic silencing of MSH<sub>2</sub>

# Lifetime Risks in Lynch Patients

## Unscreened Lynch Patients

- Colorectal cancer up to 82%
- Uterine cancer 40-70%
- Stomach cancer up to 13%
- Ovarian cancer 10-12%

## Screened Lynch Patients

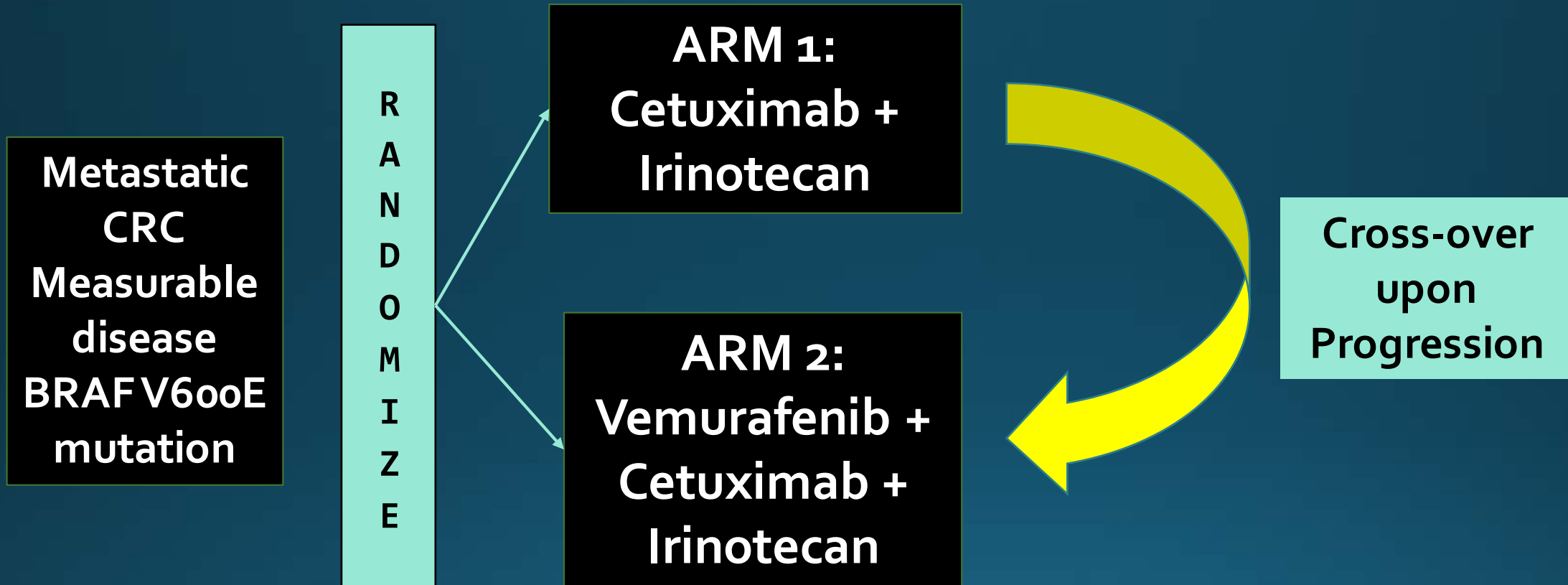
Frequent colonoscopy in non-randomized trial

- Colorectal cancer rate reduced 56% (18% vs. 41%)
- Death rate reduced 65% (9% vs. 26%)

# Estimated population frequency for each MMR gene

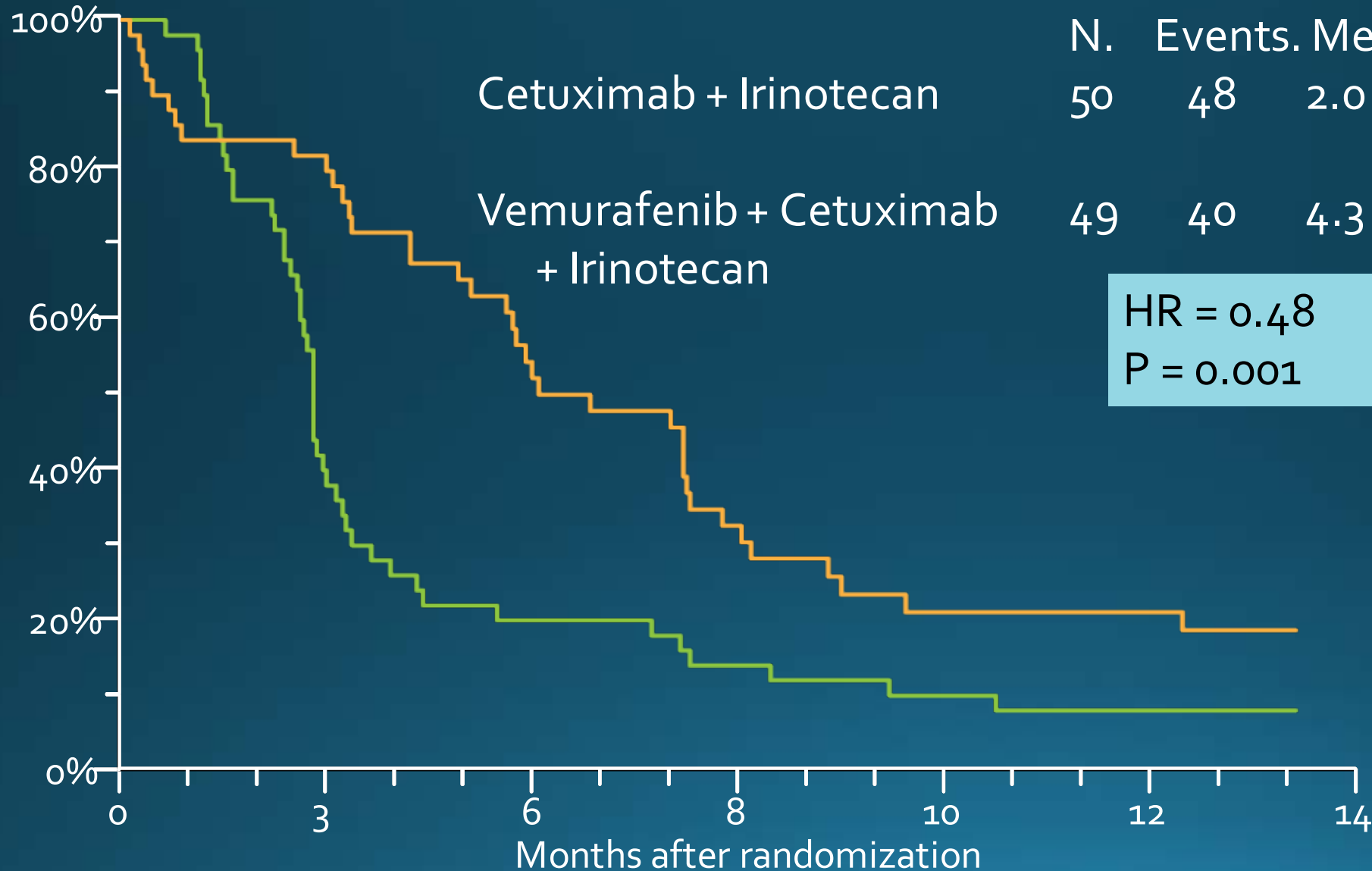
Gene	% (95% Confidence Interval)	1 in (95% Confidence Interval)
MLH1	0.051 (0.039-0.068)	1,946 (1,480-2,564)
MSH2	0.035 (0.026-0.048)	2,841 (2,101-3,846)
MSH6	0.132 (0.089-0.196)	758 (509-1,126)
PMS2	0.140 (0.094-0.208)	714 (480-1,062)
Any MMR gene	0.359 (0.248-0.520)	279 (192-403)
<b>BRCA1 or BRCA2</b>	<b>0.25</b>	<b>400</b>

# Targeting BRAF mutated tumors



Vemurafenib 960mg PO bid  
Cetuximab 500mg/m<sup>2</sup> IV q2weeks  
Irinotecan 180mg/m<sup>2</sup> IV q2weeks

# Primary Endpoint: Progression-free survival



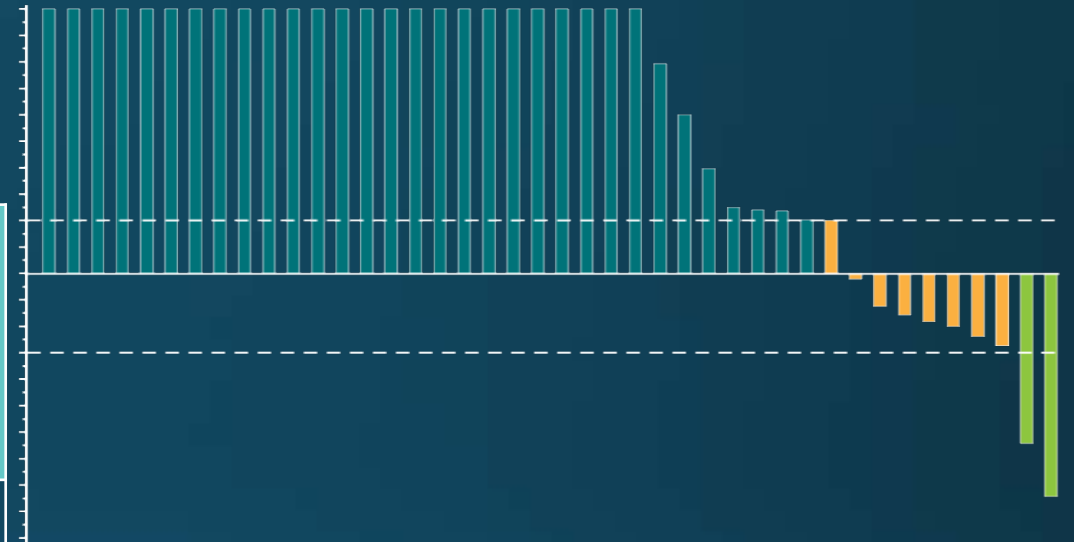
# Response Rate

	Cetuximab + Irinotecan (n=47) <sup>a</sup>	Vemurafenib + Cetuximab + Irinotecan (n=44) <sup>a</sup>	P-value <sup>c</sup>
Partial response <sup>b</sup>	4%	16%	P=0.001
Stable disease	17%	50%	
Progression <sup>c</sup>	66%	18%	

Disease Control Rate	22%	67%
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<sup>a</sup>93 patients had measurable disease; <sup>b</sup>Confirmed and unconfirmed; PR for patients previously treated with irinotecan was 0% and 18%, respectively; <sup>c</sup>Including symptomatic deterioration; <sup>c</sup> Chi-squared

## Cetuximab + Irinotecan



## Vemurafenib + Cetuximab + Irinotecan





# Crossover to VIC upon progression

48% of patients on control arm crossed over to vemurafenib arm

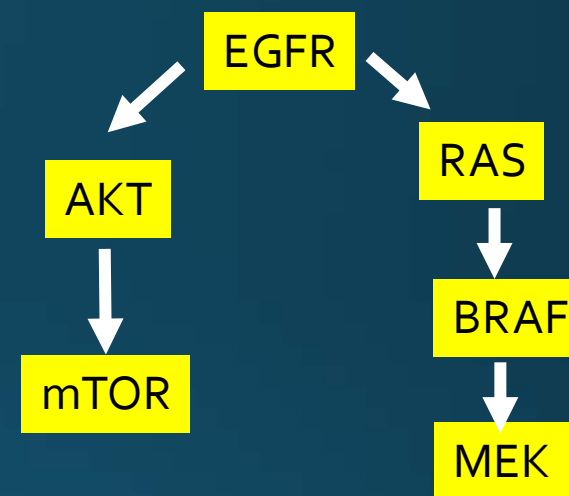
	Crossover (n=24) <sup>a</sup>
Partial response	17%
Stable disease	55%
<b>Disease control rate</b>	<b>72%</b>



<sup>a</sup>2 patients did not progress prior to crossover; 4 did not have measurable disease; these patients are excluded from response rates

# Beacon trial: Targeting BRAF mutated CRC

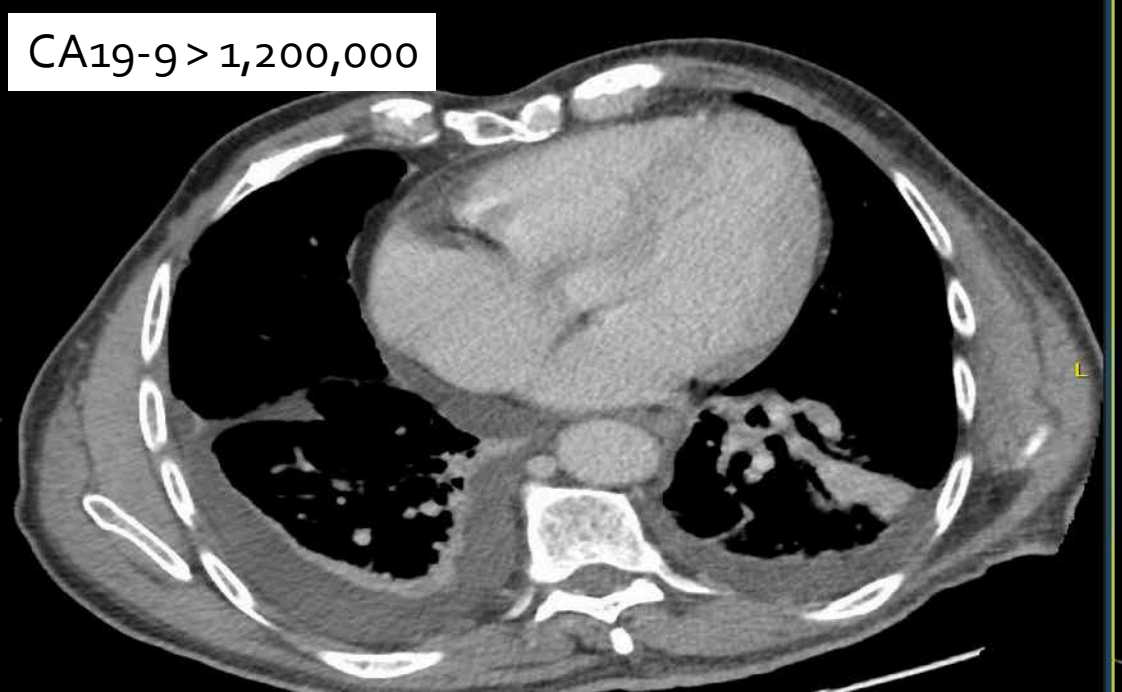
- Triple targeted therapy:
  - MEK inhibitor: Binimetinib (45 mg bid)
  - BRAF inhibitor: Encorafenib (300 mg qd)
  - EGFR antibody: Cetuximab
- 29 patients with BRAF V600E mutation
  - Only one with MSI
- Confirmed overall **response rate of 41%**
- 76% stable disease for median of 5.6 months
- Well tolerated with 10% nausea; 10% vomiting
- Phase III trial underway comparing to cetuximab + irinotecan



#2 73 yo man with  
BRAF mutated  
metastatic colon cancer

Too ill for irinotecan

Vemurafenib (BRAF i)  
Cobimetinib (MEK i)  
Cetuximab (anti-EGFR)

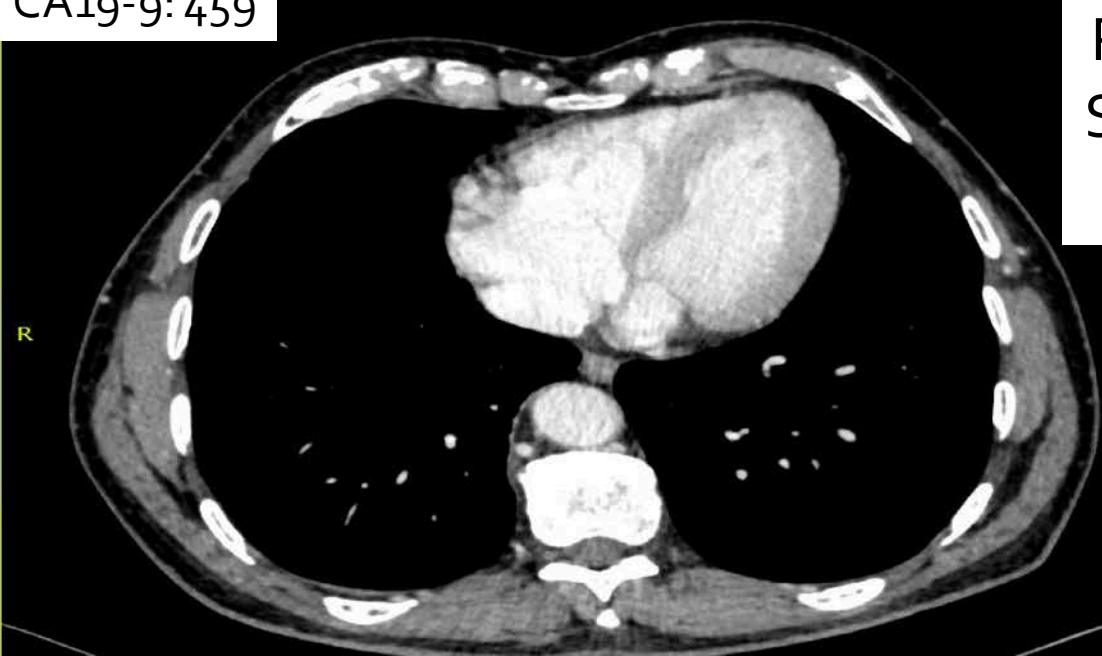
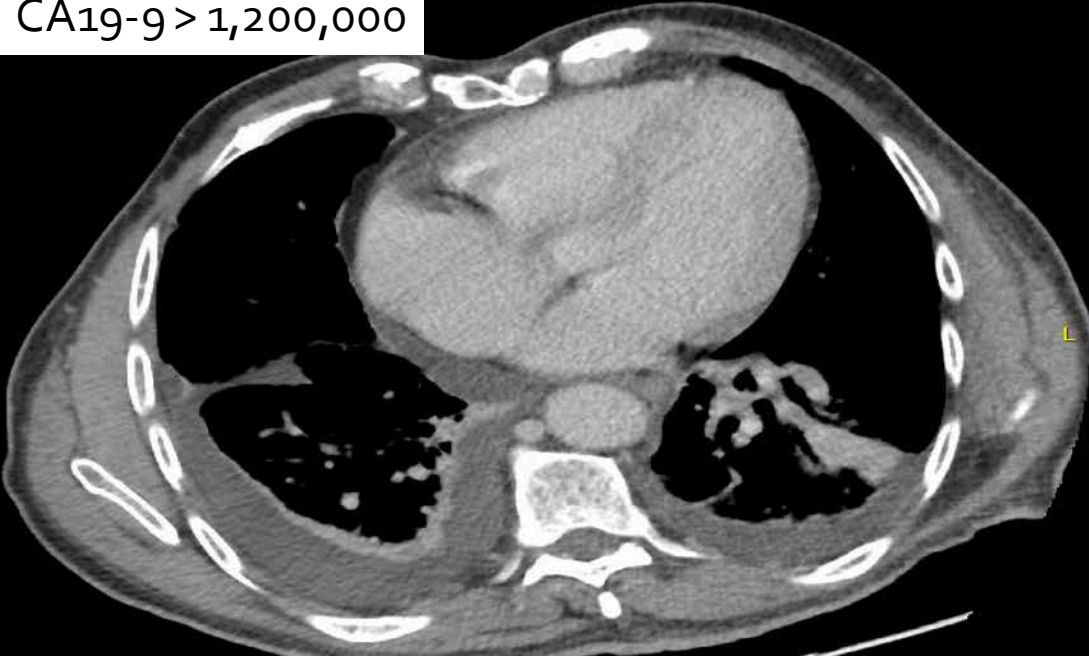




CA19-9 > 1,200,000

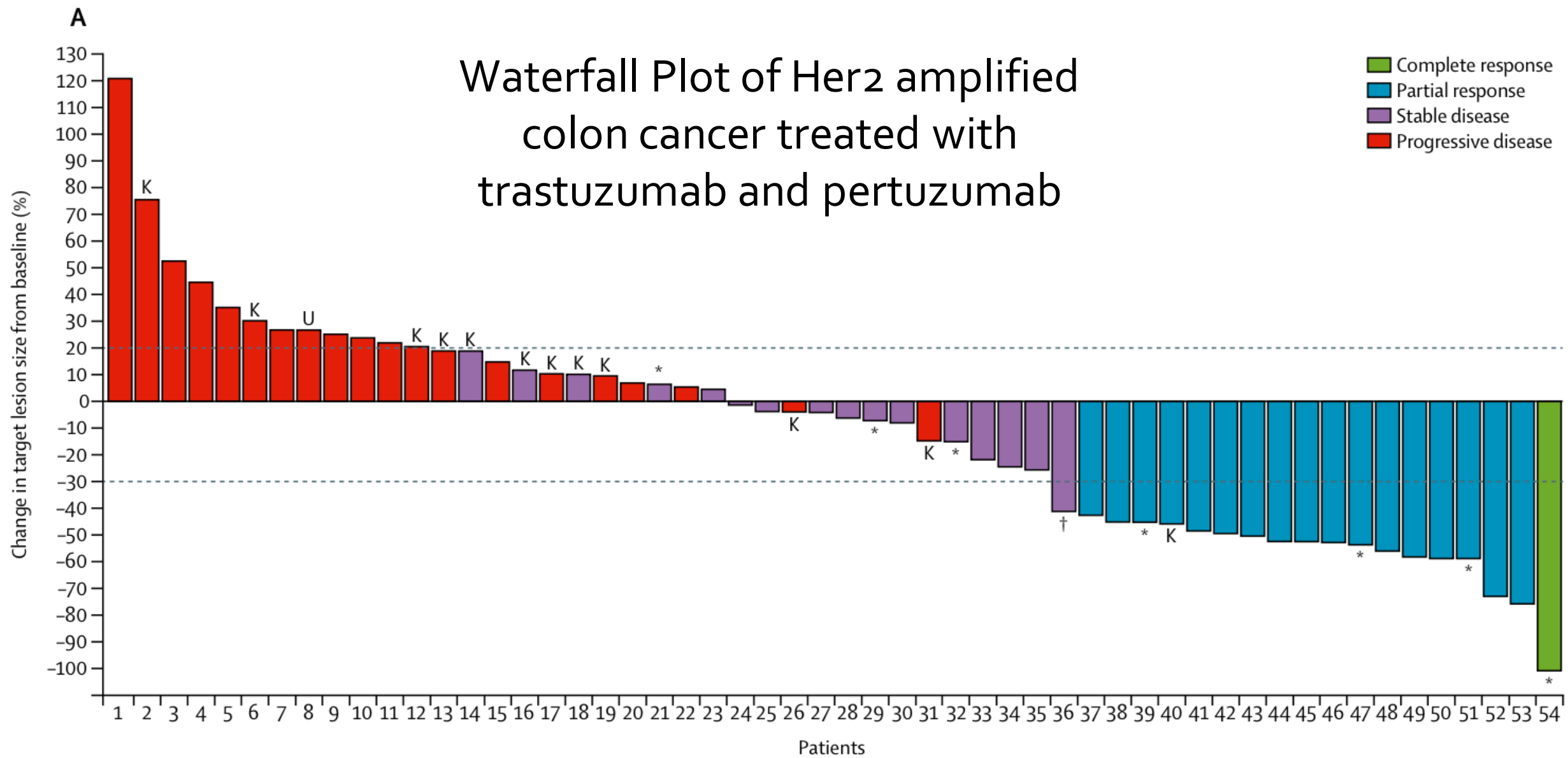
CA19-9: 459

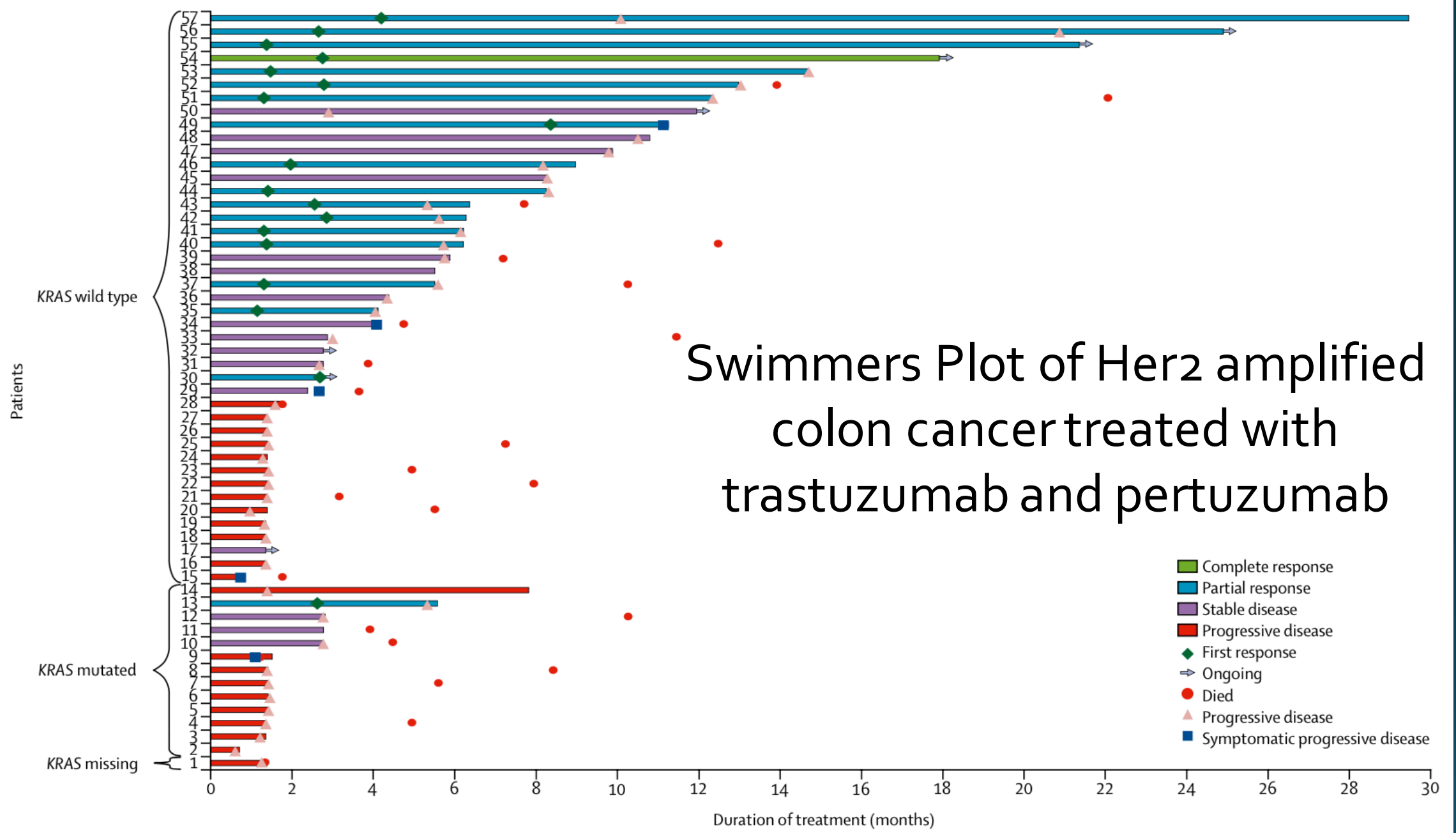
PS 0  
PR at 2 mos  
Sustained ...  
8 months



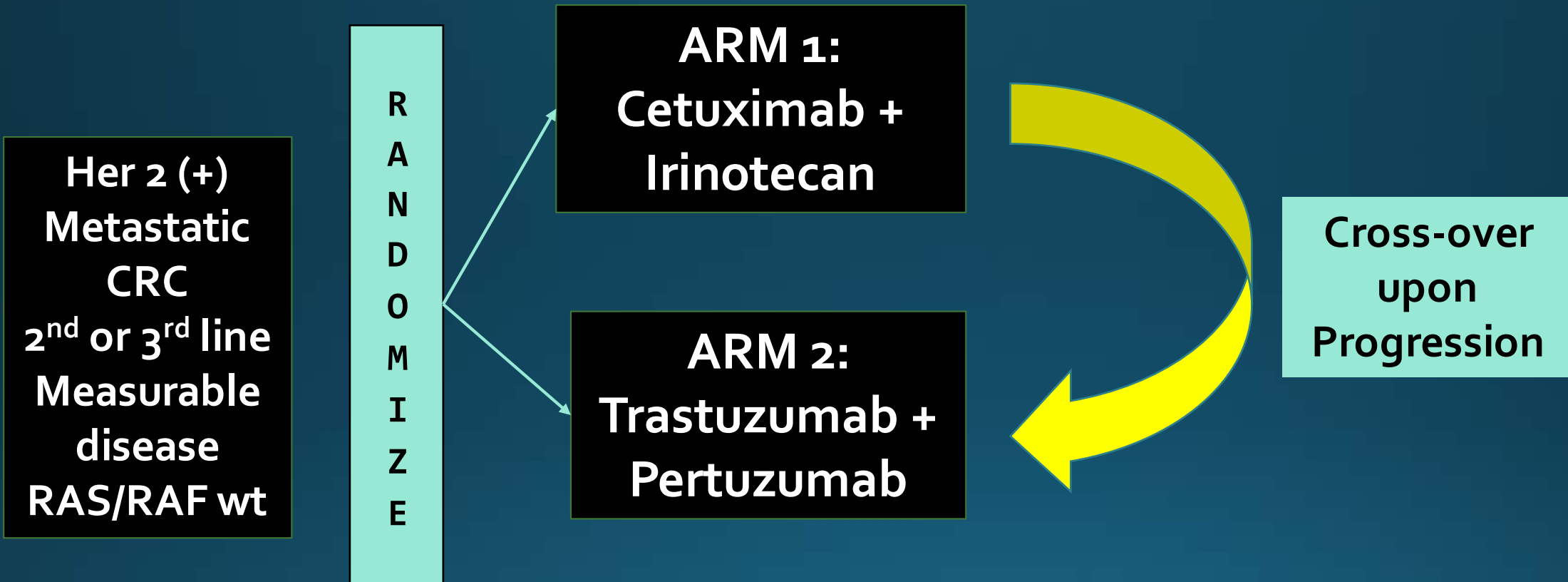
# Targeting Her2-neu

- 2-6% of colon cancers have overexpression or amplification of Her2-neu





# Targeting Her 2 neu (+) tumors



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# Conclusions:

- Colorectal cancer is a major public health problem
- Incidence and mortality is decreasing
  - Among the most preventable of all cancers!
- “less is more” in early stage disease
- Chemo and targeted agents can prolong life in advanced CRC
  
- Activity of PD1 drugs in advanced MSI Colon cancers proves that the immune system can work against CRC
  
- Challenge is to find ways for immune system to work in the other 97% of advanced colorectal cancers

# Current Research Priorities: Advanced CRC

- Immunotherapy for early stage MSI colon cancer
  - Trials underway in stage III MSI colon cancer
- Immunotherapy for MSS colon cancer
  - Other checkpoint inhibitors besides PD-1 agents
    - CD47 (in lymphoma and colon cancers), CD40 (in pancreas trials)
  - Vaccination strategies
    - Personalized vaccines based on tumor mutations (neo-antigens)
  - Bispecific antibodies to get T cells to tumor cells
    - Targeting CD3 on T cells and CEA on tumor cells
  - CAR-T cells