

## Q&A Summary: Health Care Ethics and Safety: A Quality Case for Consumer Engagement\*

\*Activity also referred to as Compassionate Care: A Quality Case for Consumer Engagement

## Available On-Demand:

optumhealtheducation.com/ethics-safety-2018

Faculty: Mary Jo Jerde, MBA, BSN, RN, Senior Vice President, Center for Clinician Advancement, UnitedHealth Group; Susan Hassmiller, RN, PhD, FAAN, Senior Advisor for Nursing, Director, Future of Nursing: Campaign for Action, Robert Wood Johnson Foundation; and Peter J. Pronovost, MD, Senior Vice President, Clinical Strategy, UnitedHealthcare

- During rounds, what do you do when there are two patients in a room? I am concerned about the Health Insurance Portability and Accountability Act (HIPAA). Also, how are situations handled where the family is not able to attend rounds?
  I am not sure how "family" rounds are handled when there is more than one patient in the room, but I know there are institutions that do this successfully. I would have to contact individual institutions to determine how they handle this. Attending rounds is always optional, so if a family cannot attend, then rounds are held without them.
- 2. How can we make a tangible impact in promoting patient-centered care rather than giving our providers yet another thing to do and stressing them out more? How can I be helpful rather than be a burden in our design of health programming? All health care professionals (HCP) went into their chosen field because they wanted to help and make a difference. Being mindful of a person's circumstances and learning more about their circumstances will help an HCP to put themselves in listening and acknowledging mode and will thus convey a sense of care and compassion. Ask a patient, "What matters to you?"
- 3. On slide #13 "put patient first" how much energy is put into assessing patient / consumer health literacy and working to improve it? Assessing a person's needs and listening and acknowledging is the first step to putting patients first. Truly assessing, understanding and taking into consideration a person's health literacy is key to effective communication.
- 4. How do you consistently show compassion despite the burnout you encounter with the health care industry? Two things: take care of yourself in every way you can, and then mindfully pay close attention to the perspective of the patient and family. Giving back to them in a genuine way will serve to start the positive cycle of feeling engaged at work as they have positively responded to your engagement.

If you have questions regarding this document or the content herein, please contact: moreinfo@optumhealtheducation.com.