



Learning Circle Discussion Guide

Life Milestones Timeline

Directions

In your self-defined Learning Circle, a peer facilitator leads a discussion and/or role-play leveraging the talking points below to process the training content from the most recent learning event. Please reflect on all learning topics to date as you discuss today's content including personal life experiences and how these topics might be woven into your day to day work and ultimately impact those individuals you serve.

Discussion Questions

1. Based on what you learned in this session, can you imagine aligning significant life events with current health conditions?
2. What challenges might get in the way of completing this activity?
3. For those that are not in direct service delivery roles, can you describe ways that lessons learned in this session can apply to your role/work?
4. Discuss the possible topic-focused timelines you might engage in with a person you serve and why you selected that topic.
5. If time permits and volunteers are willing, engage in a role-play where you practice the Life Milestones Timeline. Focus on:
 - a. Explanation of the activity
 - b. Allowing natural discussion to flow
 - c. Look for patterns and themes in identified events