

Discussion Guide for Peer Learning Circles: Harm Reduction

Directions: In your local Learning Circles, a Peer Facilitator leads a discussion leveraging the questions below to process the training content from the most recent learning event. Please reflect on all learning topics to date as you discuss today's content including personal life experiences and how these topics might be woven into your day to day work with UHG and ultimately impact our members.

1. Talk about what you see as the difference between harm reduction and use reduction.
2. Discuss a time when you used Harm Reduction strategies personally or with an individual to whom you were providing services.
3. Discuss some examples of how the implementation of Harm Reduction may conflict with a staff member's personal belief system. What are some strategies that could help address/resolve that conflict for staff?
4. Think about some different situations where Harm Reduction could be applied. What would be the benefits of utilizing Harm Reduction principles?