

Additional Resources

Addiction & Recovery

Resources on Addiction and Recovery

American Society of Addiction Medicine

<https://www.asam.org/>

Substance Abuse and Mental Health Services Administration

<http://www.samhsa.gov>

National Institute on Drug Abuse

<https://www.drugabuse.gov/>

Recovery Research Institute & Addiction-ary

<https://www.recoveryanswers.org/>

<https://www.recoveryanswers.org/addiction-ary>

US Department of Veteran Affairs

<https://www.mentalhealth.va.gov/mentalhealth/substance-abuse/index.asp>

Vincent J Felitti, MD. “The Origins of Addiction: Evidence from the Adverse Childhood Experiences Study”

<http://nijc.org/pdfs/Subject%20Matter%20Articles/Drugs%20and%20Alc/ACE%20Study%20-%20OriginsofAddiction.pdf>

SMART Recovery

<https://www.smartrecovery.org/>

On The HUB (UnitedHealth Group Intranet Site)

2018Q1 PULSE:

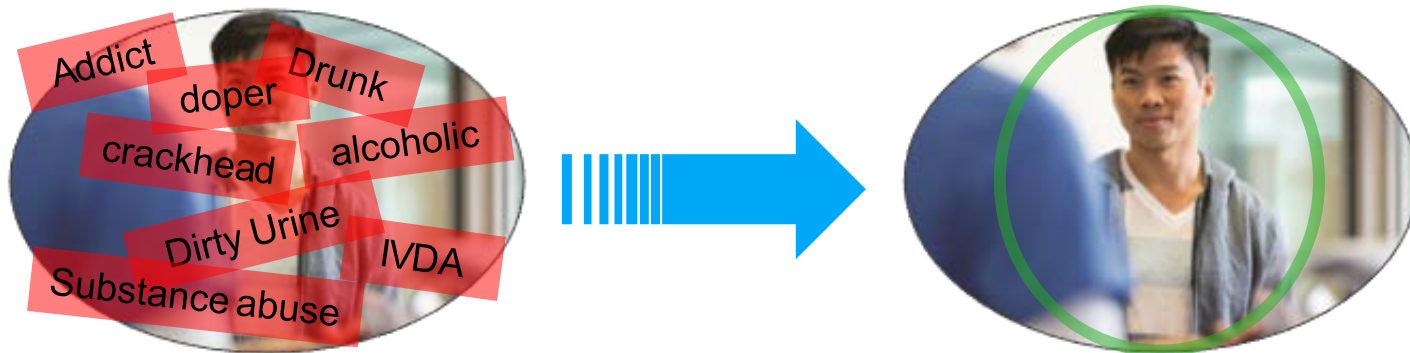
<https://hub.uhg.com/news/unitedhealthcare/community-state/2018-02-09-PULSE-Q1-A-Response-to-Opioids/2650>

2018 Get Smart: Treating Addiction in Pregnancy:

<https://hubconnect.uhg.com/docs/DOC-119346>

Person-First Language

Instead of This		Try This	
X	Addict, junkie, drunk, alcoholic, doper, crackhead	✓	Person affected by a use disorder
X	Substance Abuse	✓	Substance Use Disorder
X	Clean	✓	Sober, free of substances, in recovery
X	Clean / Dirty Urine	✓	Urine results indicate / do not indicate presence of substances
X	IVDA (Intravenous drug addict/abuser)	✓	IDU (Injection drug use)



Medication Assisted Treatment (MAT) for Opioid Use Disorder

- **Methadone:** Clinic-based opioid agonist does not block other narcotics while preventing withdrawal while taking; daily liquid dispensed only in specialty regulated clinics
- **Naltrexone:** Office-based non-addictive opioid antagonist blocks effects of other narcotics; daily pill or monthly injection (Common brand-name: Vivitrol)
- **Buprenorphine:** Office-based opioid agonist/antagonist blocks other narcotics while reducing withdrawal risk; daily dissolving tablet, cheek film, or 6-month implant under skin (Common brand-name: Suboxone or Subutex)



(Substance Abuse and Mental Health Services Administration – SAMHSA)