

Discussion Guide for Learning Circles: Adverse Childhood Experiences (ACEs)

Directions: In your local Learning Circles, a Peer Facilitator leads a discussion leveraging the questions below to process the training content from the most recent learning event. Please reflect on all learning topics to date as you discuss today's content including personal life experiences and how these topics might be woven into your day to day work with UHG and ultimately impact our members.

1. What is the most important fact or strategy you learned today about Adverse Childhood Experiences (ACEs) and why?
2. Based on what you learned today, what can your team/business segment do to better integrate the ACEs awareness into how we design and deliver services to our members?
3. What is a realization you had during this training and how will you respond to that realization?