

# Learning Circle Peer Facilitator Guide

## Field Safety



**Directions:** In your local Learning Circles, a Peer Facilitator leads a discussion leveraging the questions below to process the training content from the most recent learning event. Please reflect on all learning topics to date as you discuss today's content including personal life experiences and how these topics might be woven into your day to day work with UHG and ultimately impact our members.

Name of Learning Circle Peer Facilitator: \_\_\_\_\_

Given this topic, the following questions are most applicable to those in field-based roles. For learners who are not in this kind of position, think about how you or your team might further support staff in these roles.

1. Take a moment to reflect and appreciate. Go around the room/"virtual room" and take no more than 30 seconds each to share one thing you are most grateful for or appreciate about the opportunity to contribute to improving the lives of others. When all have finished, offer those in your learning circle a sincere message of appreciation for sharing and the work they do.
2. Identify one new strategy you learned today that you will be able to incorporate into your field-based work.
3. Establishing authentic and genuine healing relationships are an essential part of staying safe. What are some techniques or activities we can use to help deepen engagement and relationship with members?
4. Learn from your peers. Collectively, share with the group some field-based safety tips you personally use in your daily work.