

# Facilitator Guide for Peer Learning Circles

## Harm Reduction



**Directions:** In your local Learning Circles, a Peer Facilitator leads a discussion leveraging the questions below to process the training content from the most recent learning event. Please reflect on all learning topics to date as you discuss today's content including personal life experiences and how these topics might be woven into your day to day work with UHG and ultimately impact our members.

Name of Learning Circle Peer Facilitator: \_\_\_\_\_

1. Discuss a time when you have either used Harm Reduction strategies personally or with an individual to whom you were providing services.
2. Discuss some examples of how the implementation of Harm Reduction may conflict with a staff member's personal belief system. What are some strategies that could help address/resolve that conflict for staff?
3. Talk about what you see as the difference between harm reduction and use reduction.
4. Think about some different situations where Harm Reduction could be applied. What would be the benefits of utilizing Harm Reduction principles?

*As an additional tool to reinforce practical application of these learnings, what is your individual Our United Culture "I Will Statement" related to how you will leverage these learnings in your day to day work with UHG?*

Make a personal commitment to assuring your actions are consistent with Harm Reduction. Identify two actions that will promote this. Use "I will" statements to make a promise to yourself.