

Facilitator Guide for Peer Learning Circles

Impact of Adverse Childhood Experiences (ACEs)



Directions: In your local Learning Circles, Peer Facilitator leads a learning discussion leveraging the questions below. Please reflect on learning topics to date, personal life experiences and your complex patient panel. Ensure frontline staff reflect on the content and discuss how training topics might influence how we engage with these members.

Please list names of all attendees: _____

Name of Session Facilitator: _____

Name of Session Note taker: _____

1. What is the most important fact or strategy you learned today about Adverse Childhood Experiences (ACEs) and why?
2. Based on what you learned today, what can your team/business segment do to better integrate the impact of ACEs into how we design and deliver services to our members?
3. What is a realization you had during this training and how will you respond to that realization?
4. In what ways can individuals or teams develop deeper understanding of ACEs and their impact on our members' health?
5. What is the potential impact on service design and delivery when changing the approach from "what is wrong" to "what happened"?

On your own, as an additional tool to reinforce practical application of these learnings, what is your individual Our United Culture "I Will Statement" related to your member engagement?

E.g.: I will...use the information I've learned about early life trauma to help me better understand challenging member engagement with my program and reflect on how I can build a supportive, nonjudgmental relationship with them.