Additional Resources

Addiction & Recovery



Resources on Addiction and Recovery



American Society of Addiction Medicine https://www.asam.org/

Substance Abuse and Mental Health Services Administration http://www.samhsa.gov

National Institute on Drug Abuse https://www.drugabuse.gov/

Recovery Research Institute & Addiction-ary https://www.recoveryanswers.org/ https://www.recoveryanswers.org/addiction-ary

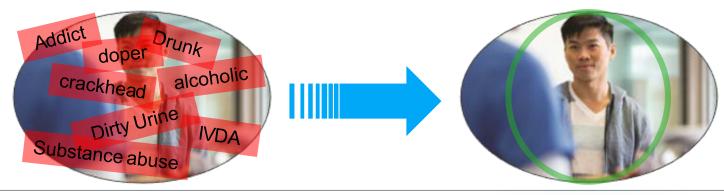
US Department of Veteran Affairs https://www.mentalhealth.va.gov/mentalhealth/substanceabuse/index.asp Vincent J Felitti, MD. "The Origins of Addiction: Evidence from the Adverse Childhood Experiences Study" http://nijc.org/pdfs/Subject%20Matter%20Articles/Drugs %20and%20Alc/ACE%20Study%20-%20OriginsofAddiction.pdf

SMART Recovery https://www.smartrecovery.org/

Person-First Language



	Instead of This		Try This
X	Addict, junkie, drunk, alcoholic, doper, crackhead	\checkmark	Person affected by a use disorder
X	Substance Abuse	✓	Substance Use Disorder
X	Clean	✓	Sober, free of substances, in recovery
X	Clean / Dirty Urine	\checkmark	Urine results indicate / do not indicate presence of substances
X	IVDA (Intravenous drug addict/abuser)	\checkmark	IDU (Injection drug use)



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Medication Assisted Treatment (MAT) for Opioid Use Disorder

- **Methadone:** Clinic-based opioid agonist does not block other narcotics while preventing withdrawal while taking; daily liquid dispensed only in specialty regulated clinics
- **Naltrexone:** Office-based non-addictive opioid antagonist blocks effects of other narcotics; daily pill or monthly injection (Common brand-name: Vivitrol)
- Buprenorphine: Office-based opioid agonist/ antagonist blocks other narcotics while reducing withdrawal risk; daily dissolving tablet, cheek film, or 6-month implant under skin (Common brand-name: Suboxone or Subutex)



(Substance Abuse and Mental Health Services Administration – SAMHSA)