

Additional Resources

Addiction & Recovery

Resources on Addiction and Recovery

American Society of Addiction Medicine

<https://www.asam.org/>

Substance Abuse and Mental Health Services Administration

<http://www.samhsa.gov>

National Institute on Drug Abuse

<https://www.drugabuse.gov/>

Recovery Research Institute & Addiction-ary

<https://www.recoveryanswers.org/>

<https://www.recoveryanswers.org/addiction-ary>

US Department of Veteran Affairs

<https://www.mentalhealth.va.gov/mentalhealth/substance-abuse/index.asp>

Vincent J Felitti, MD. “The Origins of Addiction: Evidence from the Adverse Childhood Experiences Study”

<http://nijc.org/pdfs/Subject%20Matter%20Articles/Drugs%20and%20Alc/ACE%20Study%20-%20OriginsofAddiction.pdf>

SMART Recovery

<https://www.smartrecovery.org/>

Person-First Language

| Instead of This | | Try This | |
|-----------------|--|----------|---|
| X | Addict, junkie, drunk, alcoholic, doper, crackhead | ✓ | Person affected by a use disorder |
| X | Substance Abuse | ✓ | Substance Use Disorder |
| X | Clean | ✓ | Sober, free of substances, in recovery |
| X | Clean / Dirty Urine | ✓ | Urine results indicate / do not indicate presence of substances |
| X | IVDA (Intravenous drug addict/abuser) | ✓ | IDU (Injection drug use) |



Medication Assisted Treatment (MAT) for Opioid Use Disorder

- **Methadone:** Clinic-based opioid agonist does not block other narcotics while preventing withdrawal while taking; daily liquid dispensed only in specialty regulated clinics
- **Naltrexone:** Office-based non-addictive opioid antagonist blocks effects of other narcotics; daily pill or monthly injection (Common brand-name: Vivitrol)
- **Buprenorphine:** Office-based opioid agonist/antagonist blocks other narcotics while reducing withdrawal risk; daily dissolving tablet, cheek film, or 6-month implant under skin (Common brand-name: Suboxone or Subutex)



(Substance Abuse and Mental Health Services Administration – SAMHSA)